# The UK Drill Project: Content warnings

We understand that some of the content featured in this show will be triggering to some audience members. HighRise Entertainment have outlined more information about sensitive topics covered by this show to help you decide what's best for you.

Our duty of care to our audience is paramount and so if you do require further information or would like to discuss specific content, or any of the warnings below please do get in touch with the Barbican box office at <a href="mailto:info@barbican.org.uk">info@barbican.org.uk</a>

### About the show

The UK Drill Project was developed using testimonials from people who have lived experience within UK Drill scene. This radically honest and direct show aims to challenge myths about UK Drill music and its links to youth violence.

Within this production are artistic choices and truthful narratives that pursue authentic lived experiences including physical & mental trauma, and an interrogation of the systems of oppression that uphold abuses of young Black and Brown men.

# **Content Warnings**

This performance contains strobe lighting, strong intense lighting, haze and loud music.

- Frequent strong language throughout
- Scenes of a violent nature
- · Racially discriminatory language
- Themes of police brutality
- Discussions about and scenes depicting racism, prejudice, discrimination
- Manufacturing drugs
- References to county lines and drug dealing
- References to prison
- Blood and wounds

# **Additional support**

We encourage audiences affected by any of the themes of the show to access further support. Here are some resources that we have found helpful:

#### **Black Minds Matter**

Black Minds Matter UK is a fully registered charity operating in the UK; connecting Black individuals and families with free mental health services- by professional Black therapists to support their mental health. Our vision is to make mental health topics more relevant and accessible for all Black people in the U.K., removing the stigma and remodelling the services to be relevant for the Black community.

## www.blackmindsmatteruk.com

### **ArtsMinds**

ArtsMinds is a collaborative initiative from BAPAM (British Association of Performing Arts Medicine), Equity, Spotlight and The Stage to bring together into one place a raft of resources for performers and creative practitioners facing mental health issues.

## www.artsminds.co.uk

## **Young Minds**

YoungMinds provide young people with tools to look after their mental health. Their website is full of <u>advice and information</u> on what to do if you're struggling with how you feel. They empower parents and adults who work with young people, to be the best support they can be to the young people in their lives. And they give young people the space and confidence to get their voices heard and change the world we live in.

https://www.youngminds.org.uk/

# Bayo

Bayo is a space to find collectives, organisations and services from across the UK – run by and for the Black community – to support your mental health and wellbeing. Developed by The Ubele Initiative, Mind, Young Minds and Best Beginnings, Bayo was funded by National Emergencies Trust and is run by The Ubele Initiative.

bayo.ubele.org