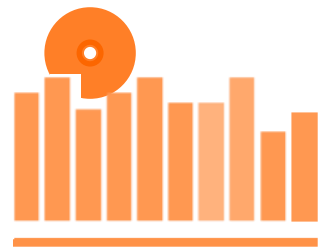


What's On



Barbican Library in-Library and online Events November 2021

Autumn Reads 2021 – Escape with a Book

Throughout November we will be encouraging everyone to read around the subject of travel and traveller's tales. We've not had as much opportunity to get away recently, so if you are planning on taking a trip, or just dreaming about visiting somewhere new why not explore it with a book! There will be library displays, a talk, online events and book promotions – so why not join in and see where your reading takes you.

Autumn
Reads 20
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Tuesday 2 November, 12.30 – 1.30pm

Peggy Guggenheim: the 'poor little rich girl' who changed the face of twentieth century art.

Not only was Peggy Guggenheim ahead of her time but she was the woman who helped to define it. She discovered and nurtured a new generation of artists producing a new kind of art. Through collecting not only art but the artists themselves, her life was as radical as her collection!



Join Arts Society Lecturer **Alexandra Epps** to learn more.

This event will be held in the library with Zoom access for those unable to attend in person.

Please book via Eventbrite <https://www.eventbrite.co.uk/e/priceless-peggy-guggenheim-tickets-190958771827?aff=ebdsoporgprofile> Or you can sign up in person at the Library enquiries desk.

Wednesday 10 November 11am-12

Online Talk Around the World with Agatha Christie – an online illustrated talk by Nick Dobson

As part of our **Autumn Reads** promotion **Nick Dobson** will be giving a talk via Zoom, all about Agatha Christie's travels. Not only was Agatha Christie one of the world's best-selling novelists, she was also one of the most travelled of authors in an age before foreign travel became commonplace. So, join this virtual world tour in the footsteps of the "Queen of Crime".



Autumn
Reads 20
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Free but booking essential, for tickets go to

<https://aroundtheworldwithagathachristietalk.eventbrite.co.uk>

Continuing: Every Thursday from 21 October to 18 November 1.00–1.30pm

Free Mindfulness Group

Join certified mindfulness coach **Juliana Lottmann** every Thursday for a regular mindfulness and mediation group for beginners, experienced and all ages. Mindfulness and meditation practices helps us to focus on the present moment, this in turn helps us to better manage stress and anxiety, build concentration, gain self-confidence and more. The breathing exercises help us to strengthen our lungs and activate our immune system.

For more information and to register please visit: <https://www.eventbrite.co.uk/e/187639774617> or you can register at the Library Enquiry Desk.



Memory Boxes - A collection for those who care for the elderly, professionally or personally.

Memory Boxes are now available to borrow for free from Barbican & Community Libraries. Reminiscence is beneficial for those at various stages of memory loss and individuals with communication difficulties. It can also be a great social, creative and learning tool for all ages.

Our **Memory Boxes** have been carefully put together to include a variety of multi-sensory items intended to trigger memories and help guide conversations about the past. Themes available are - World War II, 1950s, 1960s, 1970s, 1980s, London, Entertainment, Pastimes & Home and Travel & Holidays.

Shortly you will be able to view the boxes and their contents on our catalogue page: https://col.ent.sirsiidynix.net.uk/client/en_GB/default

In the BARBICAN CHILDREN'S LIBRARY

Monday 18 October to Saturday 6 November

Halloween Treasure Hunt

Children of all ages are invited to search for the twelve beasts, ghosts and monsters hidden around Children's Library... Can they find them all? Parents can help if required! FREE



www.cityoflondon.gov.uk/services/libraries/barbican-library

