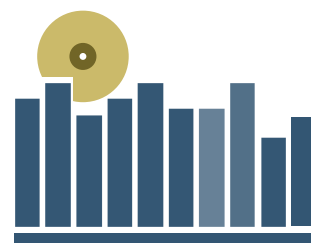


What's On

in the Library June 2019



EXHIBITIONS (admission free)

4–26 June

Identity & Other journeys

Ramona Galardi, artist and therapist takes us into her world exploring themes of Identity and the masks we wear, our environment, and journeys into wellbeing. Exploring art as therapy, she sometimes includes the written word in her art. A selection of healing jewellery as a wearable art will also be showcased.



4 April – 29 June

It's NOT only Rock 'n' Roll—the music photography of Mark Allan

Mark Allan has spent over 30 years in music and entertainment photography, working with major artists such as Bowie, Britney Spears, Tina Turner and Gorillaz amongst others. This diverse exhibition showcases some of Allan's most striking prints from across the years.



He went from photographing Freddie Mercury at Live Aid as a student in the audience, to shooting U2 backstage for the Radio Times Live 8 cover. For much of the last decade Allan has documented musical performances for many of Radio 1 and 2's leading shows.



The exhibition features one section specifically dedicated to some of the World's most famous conductors, including Riccardo Chailly, Bernard Haitink, Mariss Jansons and Simon Rattle. Mark is also a regular photographer in his role shooting classical music for Barbican Centre.

Amy Winehouse, and other photos all © Mark Allan



EVENTS

Wednesday 12 June, 12.30 - 1.30pm

Art as Therapy

Artist and therapist, Ramona Galardi will talk about the benefits of using the Arts as a form of therapy for mental relaxation, self-enquiry, self-expression, meditation and wellbeing. She will discuss the different art forms which are available to us as gateways for improved health and wellbeing, such as art, dance, crafts, music and song, the written word,

speaking therapies, mandalas as meditation. With such a diverse variety available for us to explore and experience we can choose which ones suit us best as individuals to take further, taking responsibility to bring balance, harmony and happiness in our lives.

Free entry – just turn up!

Wednesday 19 June, 7 - 9pm (doors open at 6.30pm)

Brittle Star Magazine Launch Issue 44

Come along to the launch of ISSUE 44. There will be some brilliant readings of poetry and short fiction from some exciting new and emerging talent. It will also be thrilling to hear from inspiring voices coming out of Brittle Star's thriving independent publishing scene. Come and be a part of this lively twice-yearly literary event. We look forward to welcoming you all! Entrance is FREE and refreshments, as always, are available (and tasty!) Space is limited, so please book through the Barbican Library on 020 7638 0569, in person at the library or email barbicanlib@cityoflondon.gov.uk,

Thursday 20 June, 12.30 – 1.30pm

The Healing Power of Crystals by Ramona Galardi

Crystals have long been used by ancient civilisations for protection, power, medicine, healing, astrology and adornment. From the Mayans, to the ancient Egypt, India, China, Tibet these are just some of the civilisations which used (some still do) stones such as turquoise, carnelian, lapis lazuli, jade, amber, coral, pearls and more. Ramona Galardi, artist, maker, therapist will talk about the therapeutic aspects of crystals and semi-precious stones which she finds along her travels, then assembles them to create one-off healing necklaces she calls Transformational Jewellery, a wearable art. A selection is on display at the Barbican Library from 4–26 June. Free entry – just turn up!

www.ramonagalardi.com

Friday 21 June, 12.30-1.30pm

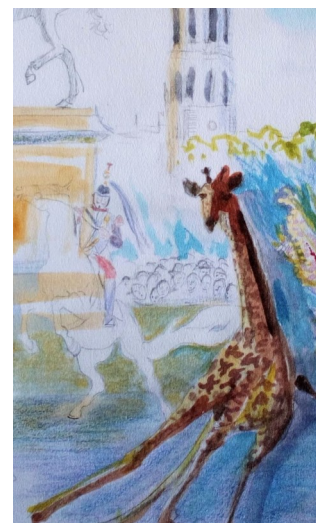
Come and celebrate World Giraffe Day!

An illustrated reading of *Zarafa - A Beautiful Gift for a King* with author Julia Chalkley, illustrator Jane Ostler and guest reader Mark Swan. Discover the incredible true story of the giraffe offered as a gift to Charles X of France by the Pasha of Egypt in 1827 - captured in Nubia, she travelled up the Nile and across the Mediterranean to Marseille, then walking the 885 kilometres to Paris with her entourage, astonishing the people of France who had never seen a giraffe before... A donation from sales of the book, cards and prints available on the day will go to the Giraffe Conservation Foundation giraffeconservation.org

Tuesday 25 June

Appointments are available between 10am and 6pm.

Free NHS Health Checks



CityLivingwise

How healthy are you? What is your risk of developing heart disease, diabetes or kidney disease? Are you at risk of having a stroke? If you are a City Resident or a manual staff worker aged 40-74 you are entitled to a FREE 20-minute NHS Health Check provided by City of London/ CityLivingWise/Reed Momena. Book your visit today on livingwise.org.uk/city or call 020 7616 2338.



Friday 28 June, 12.30 - 1.30pm

Creative Writing for Beginners ...and anyone who wants to boost their confidence and word-count!

Make the most of your lunch hour with practical and inspiring exercises, stimuli and discussion in description, dialogue, point-of-view, plot and structure. Explore the questions and ideas that motivate you as a writer. This **FREE** workshop is the first of a month of lunchtime sessions with freelance writer and teacher Rachel Knightley.

Attend this workshop for **FREE** on **Friday 28 June** or to attend all four workshops (28 June, 5 July, 12 July, 19 July) for the discount price of £20 (or £10 cash on the door per July workshop).

emailinfo@greeninkwritersgym.com



Friday 21 June 12.30-2pm

Learn to Sing in Harmony

This **FREE** workshop is open to all levels of ability and will help you find out how to improve your tuning, discover how posture and breathing can make a difference to the sound you make, learn to sing different parts in a group and finally put it all together in harmony in just 90 minutes. There's no need to be able to read music – just bring along a passion to sing and discover your natural voice! The session will be led by Lisa Anderson, experienced musical director of the Sutton Harmony Singers.

Part of Make Music Day UK – free music as part of a worldwide celebration, and run in partnership with Making Music UK.

Booking essential: www.makingmusic.org.uk/mmdsinging



REGULAR ADULT EVENTS

Thursday 13 June, 10am – 12 noon

Read and Relax

This event is held at the Ralph Perring Community Room, above Golden Lane Leisure Centre, Fann Street EC1Y 0SH

This friendly informal group meets once a month over tea or coffee to share a short story and a poem. Nothing to prepare, just come along!

If you would like more information email:

geraldine.pote@cityoflondon.gov.uk



Every Tuesday, 10.30am – 12.30pm

Let's Talk! Conversation Group

Are you learning English? Come along and practise speaking with other Londoners in a relaxed and friendly environment. No need to book and free of charge.

Every Thursday, 3 to 5pm

Games Club

Meet new friends, learn new strategies and have fun in our new weekly games club. Bring your own game or choose from Scrabble, Chess, Rummikub, and Cribbage. Free - No need to book!

Saturday 29 June, 2 – 3.30pm

Barbican Writing Group

This FREE friendly writing group meets on the last Saturday of every month at Barbican Library 2-3.30pm. This is a self-led group suitable for all levels where you can read out work for group feedback (no pressure to do so if you don't want to) and share creative tips and exercises. Whatever the words, writing is good for your mental health. Come and discover the novel within. Free – just turn up!

ALL AGES WELCOME!

Thursday 20 June, 5.30 - 7pm

Barbican Comic Forum

A discussion group devoted to comic books and graphic novels. Get recommendations, make friends and choose from a wide selection of books. From novices to fanatics: open to all! Admission Free. For more information email joel.janiurek@cityoflondon.gov.uk

IN THE CHILDREN'S LIBRARY (ALL EVENTS ARE FREE)

Saturdays 1, 8, 15, 22 and 29 June, 2 - 3.30pm

Saturday Art Club

Children of all ages are invited to unleash their creativity and join us for an afternoon of artistic and colouring excitement!

Thursday 13 June, 5.15 - 7pm

(Secret) Film Club

Meet the tribe rocking the Stone Age. Come watch a film projected on a big screen in the Library. For children aged five and over.

Saturdays 1, 8, 15, 22 and 29 June, 1pm

Outside Storytelling at London Wall Place

Children of all ages are invited to join Barbican Children's Library staff



and the Culture Mile for some storytelling in the sunshine at **London Wall Place**.

REGULAR CHILDREN'S EVENTS (ALL FREE)

Every Monday and Friday and Saturday, 10.45-11.15am

Bookstart Rhymetime

Get your child's literacy off to a flying start by coming to one of our popular rhymetime sessions. They can sing songs and nursery rhymes, listen to stories, then stay and play with our toys, and on **Friday 7 June...**

Pyjamarama Rhymetime! This Rhymetime will be a special session open to children of all ages to come in their PJs and dressing gowns. There will be bedtime songs and stories. Spaces limited to 30 buggies.

Every Monday 4—4.30pm

Bookstart Storytime

Children aged three years and over are invited to come and listen to an assorted hand-picked collection of wonderful stories:

Every Friday 4—5pm

Friday Clubs

A difference club every Friday!

- First Friday each month: The Arts Club
- Second Friday each month: The Games Club
- Third Friday each month: The Puzzle Club
- Fourth Friday each month: The Monster Club

For children of all ages and all materials will be provided.

Every Saturday, 10.45-11.15am

Saturday Rhymetime

A family rhymetime (dads are especially welcome) for children of all ages. Listen to stories, join in with the singing, bond with your child and meet other parents.

Please note:

When attending our events, if you have a disability you wish us to consider, please inform the staff in advance.



www.cityoflondon.gov.uk/barbicanlib

