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FOREWORD
By GUSTAVO DUDAMEL

It is an honour to introduce this Tuning into Change Manifesto, developed by young people from around the world as a timely, passionate statement about the essential role of the arts in transforming society. I congratulate the numerous young people who participated in this project on an important contribution to the cause of the arts and education.

My mentor, Maestro José Antonio Abreu, was a tireless advocate for young people's access to beauty and the inspiration of art. It was his belief that in life, financial fortunes may rise and fall, material comforts can be found and lost, we are all subject to political, economic, social and environmental forces beyond our individual control, but give a child access to art, instill an appreciation for beauty, and their life will be enriched forever. That is the transcendent, transformational power of art.

Art is the education of the soul. Art is beauty – an ideal of harmony in the world. It is also tool – a means for young people to discover the potential of their own creative capacities. Equally, art is a gateway to the essential lessons of citizenship. It teaches discipline, it is collaborative, it spurs us to creative leaps of imagination. Art is not simply about looking at the past in museums, it is about recognising the skills, qualities and values that will define our future. That is why, for me, art and young people are inseparable.

Young people have great hearts, fine instincts, energy, optimism, and the most important stake in our collective future. Faced with challenges, young people – provided they are properly supported – will always find the brightest solutions.

As an artist, educator, and beneficiary of Maestro Abreu's commitment to investing in future generations, I see it as my most important duty today to help empower young people in shaping their own futures and those of their communities.

Art offers lessons and tools for us to improve ourselves, and like in an orchestra, fosters an environment where all can express their voices, share their experiences, and in the spirit of learning, compassion and respect, create a more harmonious world together.

That ideal is what this Manifesto represents and why I am confident the young people whose ideas follow – as aspiring artists and committed citizens – will be great leaders in creating a better tomorrow. I give them a standing ovation!

With love and admiration,

Gustavo

ABOUT TUNING INTO CHANGE

This manifesto was created by us : 42 young people aged 14-25.

We are young creatives from across the UK and LA who took part in the Barbican Guildhall Creative Learning project 'Tuning into Change'. Each of us is here through one of the following organisations: Big Noise Raploch, Bristol Plays Music, Youth Orchestra Los Angeles (YOLA), National Youth Orchestra of Great Britain (NYOGB), Sage Gateshead and Barbican Guildhall Creative Learning.

This manifesto is a response to the Barbican's 2018 season The Art of Change, which explores how artists respond to, reflect and potentially effect change in the current social and political landscape. Over 6 months we post-it noted, doodled and brainstormed ideas around what the arts can offer young people, and the role that young artists hope to play in creating lasting change in our uncertain world.

This is our Youth Manifesto for the Arts.

The aim of Tuning into Change was to create something together, completely led by the voice of the youth. We created this interactive manifesto to be read, written in and used by anyone who wants to effect change using their creativity.

It can be read forwards (beginning with the individual) or backwards (starting globally and focusing in). Along the way we've included a selection of exercises we did as part of the Tuning into Change process, and some of our own artworks, compositions, illustrations and poetry.

This manifesto was launched at an open rehearsal with Gustavo Dudamel on 4 May 2018, as part of the Los Angeles Philharmonic residency at the Barbican.

We hope you find it both useful and insightful.



INDIVIDUAL

We're starting off focusing on #1 – meeting the individuals who wrote this manifesto (hey there), and exploring the role of the individual as change-maker. What possibilities do the arts offer? And what real life changes can we, as individuals, create right now?

MEET US...



Alannah

Feminist, French horn



Georgia Russell

bubbly, musician



[Signature]

animal lover, flautist



David

rugby, drummer, Scottish



[Signature]

non-conformist, listener



Liliana Mendez

violin - YOLA 11yrs, funny,
Mexican American



[Signature]

tubist/bass trombone,
Mexican American, friendly



TOMMY

Scottish tuba player



Grace White

resilient and passionate, clarinetist



Matt

cellist, loves nature



Tom

guitarist: jazz & rock,
loves triangles, hates stats



Evan

musician, creative, activist



Emilien

geographer, young producer,
loves to travel



Zafraan

intersectional feminist,
fine artist, poet, singer



Prof

Shadowhunter Chronicles,
cellist, from California



AEG

3rd year music student,
plays many genres



JONÉ

music teacher, choir singer
and lover, believer



JB

percussionist, music-lover



Jade Brooks

dancer, piano, violin,
tuba, fine artist



Leira

collaborator, multi-instrumentalist



K'ly Carey

percussionist, from LA



Ingrid Hernandez

bassoonist, favourite colour is blue



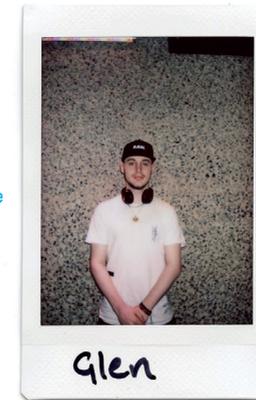
JADE

musical theatre-lover,
NYO trombonist



Nicole

musician, friendly, tired



Glen

artist, cellist, loyal



diana mya

music enthusiast, lefty



Ann Arnie

Big Noise violinist, show-jumper



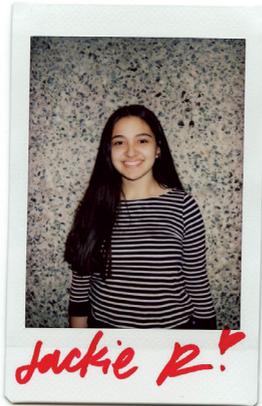
Samuel Albi

jazz, classical music,
double bassist



Tim Leary

trumpet, composer



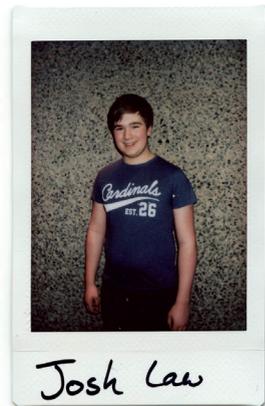
Jackie R.!

YOLA cellist, Mexican-American



A.F. Hanson

violin, clarinet, sax,
classical and Irish music



Josh Lau

viola, violin, organ,
theatre, thinker



Hannah

Big Noise percussionist,
singer



Eloise

theatre-maker, songwriter



Lewis Sinclair

oboist, been a member of NYOS



Ellen

multi-instrumentalist,
loves musical theatre



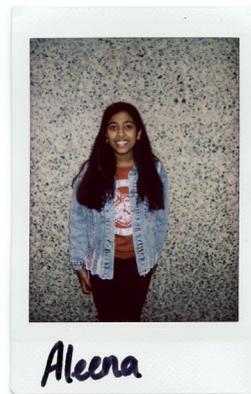
Gromer Gillespie

flautist, music scholar



Madison ♡

bubbly, food lover, oboe



Aleena

the colour blue,
violinist, Scottish



I.A. Wales

community music, songwriter,
death metal guitarist/vocalist
for Vulgar Dissection



Lizzy

Welsh, composer, animal enthusiast

Emperor, Clown

From attic room to dungeon cell, there
sounds a HUM;
Come,
hear it swell –

From earth which pulses 'neath our feet,
On every street,
Through blades of grass,
Twixt mountain tops:
ba-boom, buh-BANG

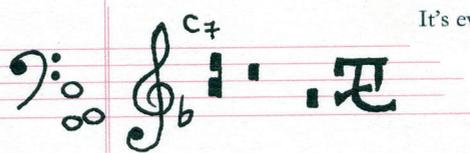
The echo echoes, cave to cove to
cottage,
shack to shore,
terrace to tavern to boulevard,
along the strand, direct to soul.

It's in the conversations, the cantankerous moans,
the dour daily groans, their rainbow tones.
And huffs sniffs shuffles whiffs punctuating throng.
It's in the buzz of my toothbrush,
and these mating dragonflies,
and that low-flying plane from Stansted!
(Or the next rocket to the moon.)

It's in the impenetrable, daunting
peace
of the most still sheet of sea
which ripples, and giggles, and roars and
Sings.

The music of every name.
No voice the same, but a wash
of undulating hues,
pleasure with pain.

The first *g-dum*
of an African drum,
a mighty cymbal crash.
It's boisterous brass,
or flirtatious flute,
or decadent double-bass.



It's the taste of a top G
& the warmth of sudden laughter:
A baby's very first cry
& the sound of you, breathing.

There is no age,
No one true sage,
Not, necessarily, a page,
nor stave:

Chuck me a beat, throw us a note –
I notice my toes are tapping:
I've quite forgot myself...!

Irrational music
Immaculate music

Layer upon layer of sonic spoil for these my eager ears.

Steinway, casio, xylophone,
Tin whistle or tin can
We can:

Finger ripple flex,
crack the neck:
square the feet,
let down hair...
even breath,
up, up, down:
feel the space –
(heart, beat time)

RAISE YOUR VOICE

Steady, hands
and play along.
It's everything's song.

Eloïse Poulton
APRIL '18



"Me, Textiles and I" By Zafraan

"Emperor, Clown" by Eloïse

Form of expression when words fail

Space

Enjoying myself on stage

Chance to meet lots of people with similar likes

Being you!

Expressing my identity

Entertaining others

Being able to express yourself

Creating for others

Live adrenaline rush

Being able to play with other people

BIG sound!

Art makes our world. It makes our cities. It makes the people.

Making amazing music without needing super skills

Performing

Emotional healing

Discovering new styles

Freedom of expression - be who you want to be

It is a lifestyle

Being part of a large scale project

Improving technique

Opportunities

Being part of a community

Sharing work with others

Creating together

The power behind the art

Full of colour and emotion

Working towards a goal

Bringing people together

Showing emotion through art

To get away from stress/or just everything

Endless possibilities

Fellow artists are a second family giving you a sense of safety

Total immersion and focus on being in the moment

Getting new and unexpected opportunities

Meeting new people with the same interests

Communication between groups and between artist and audience

Inspiring others

It's an emotional diary

Working towards a goal

Giving other people a platform

Entering different unusual spaces

Being able to vent

Arts can help you express who you are as a person

Confidence building

Use of colour

Learning to improve creativity

The convo

You end up with a tangible finished product

Getting political

Being part of a collaborating team

Reaching new audiences

It's fun!

Creating as a group

The connections

The process

Feeling the music from my soul

Allows me to appreciate the work of others more

Perspective

The more you do the better you get

Meeting new people

**THE THINGS
- WE LOVE -
- ABOUT -
THE ARTS**

Social aspect - common goal - community

The arts can teach you a lot about yourself as a person and makes you feel as though you have purpose

Achieving goals you set

Improves ability to learn

The arts give you a different outlook on life

Practice

Finding motivation

Inequality

Competitiveness

Lack of organisation

Low pay

Not enough time for it all

Long hours can lead to strain

Feelings of inadequacy

Vulnerability

Being a perfectionist

Pretentiousness

Lack of understanding

Late nights

Cost

Elitism

Mistakes

Computer crashes

Uncertainty

Constant practice

Hard to make it big!

Whether you are good enough?

Big group - lots of different opinions

Discrimination against the arts

Stereotype that because we like classical music we don't like anything else

Lack of appreciation for the arts

Having to lug the double bass on the tube

Software clashes

Running out of time

Computer crashes

Software clashes

Constant practice

Hard work

Running out of time

Computer crashes

Software clashes

Constant practice

Hard to make it big!

Whether you are good enough?

Big group - lots of different opinions

Discrimination against the arts

Other people's expectations

The power of money

Hard work

Running out of time

Computer crashes

Software clashes

Constant practice

Hard work

Running out of time

Computer crashes

Software clashes

Constant practice

Hard to make it big!

Whether you are good enough?

Big group - lots of different opinions

Discrimination against the arts

Not having my own equipment

Limited funding

Expectations

Tuba cases

Nerves

I hardly get to sleep in

Limited access

Such a new field

Lack of opportunities

The competition

Being put down

Making something original

Constant comparison

Institutional biases

Inaccessibility

Not taken seriously

**THE THINGS
• THAT WE FIND
FRUSTRATING
ABOUT THE ARTS**

ARTISTIC SUPERPOWERS

As creatives we come with a pretty sizeable range of skills to offer. We identified our top 6 – discipline, passion, confidence, teamwork, listening, emotional intelligence – and got, well, creative with them...

DISCIPLINE

Super Power

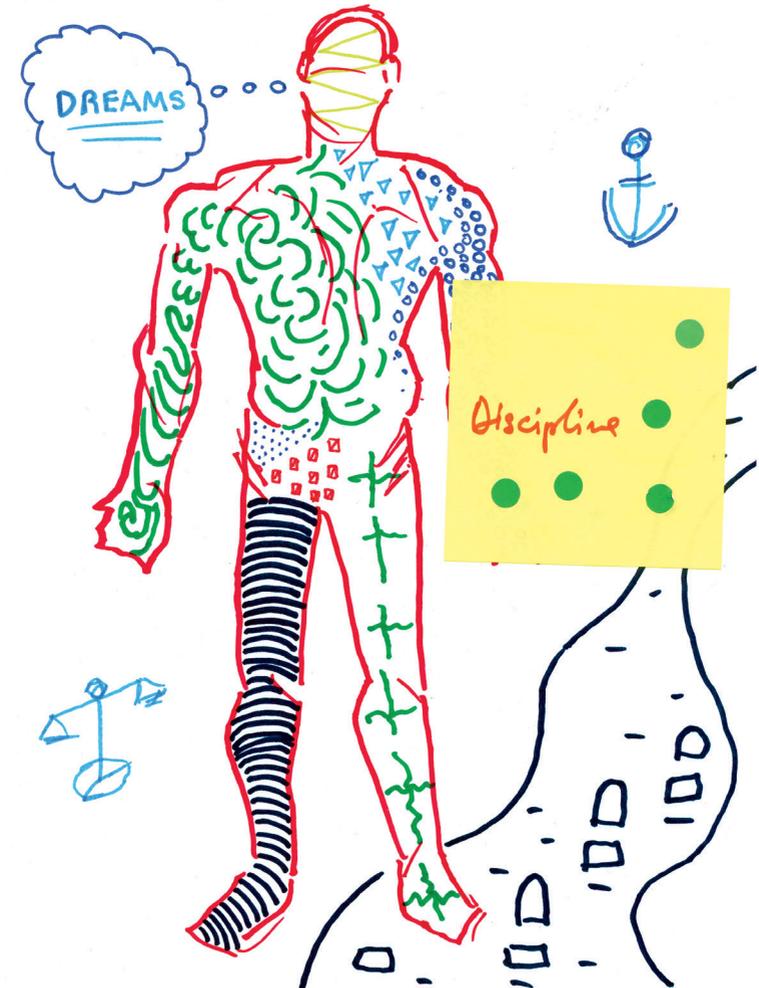
Discipline

Key Output

- Commitment - growth and improvement
- Path way to being creative
- Dedication

Strengths

- Ability to finish what you have started - accomplishment
- Achieving your goals
- Going beyond your limits



PASSION

Passionista



SUPER POWERS

- * Burns brightly
- * Sparks passion in others
- * Immortal Drive

Strengths

- * motivational
- * ambitious
- * very happy

KEY OUTPUT

- * 100% effort to obtain achievement
- * Influences and inspires others
- * spreads positivity

Lizzie O'Brien
 Jade Brooks Ellen O'Brien
 Jackelinne R v
 Hannah Davidson

CONFIDENCE

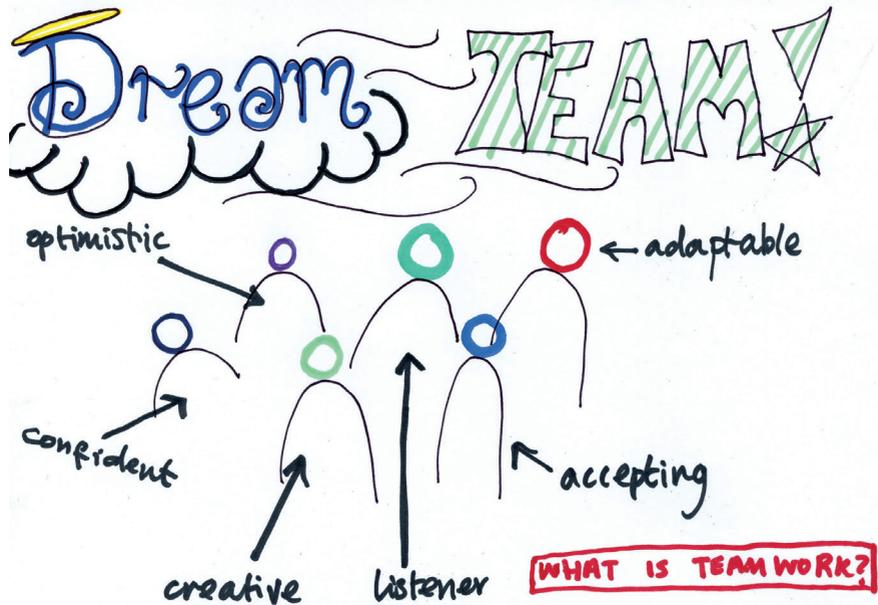
Name: Charis

Strengths - Shaming, humble, open
 Self Love, Charisma (which comes from the Greek 'charis' - grace)
 'Fake it till you make it'

Confidence cannot be defined as one person as it is so fear and personal to each person



TEAMWORK



Super Power ★ Interested in and flexible to other people: inclusive, open and great at communicating

Strengths ★ Understanding and accentuating individual qualities in order to work towards a collective goal

Output ★ Creating a more productive and fun environment, which increases the output of diverse, excellent ideas

My Carey 16 Tommy Hill 17, ~~Paul Alderson~~ 15, Josh Law 16

LISTENING



Special Power: hearing everything, understanding, knowledge

Key output in strength: learning, adapting, knowing strengths and weakness

Strength: nice to be around, understanding, caring, selflessness, cooperative

“IF I WANT TO CHANGE THE WORLD TOMORROW I COULD...”

For champions of change, the task of shifting the way things are done in the world can feel like a daunting task. Impossible even. So we've identified a set of 'papercuts' – small inconveniences and annoyances that it's in our power to tackle, right now.

We then thought of ways we could all effect positive, possible change really quickly by fixing these papercuts. We're ready to change the world - the rest is up to you...

Our papercut solutions:

1. Must cost £0
2. You must be able to do it yourself
3. Must benefit at least one person other than you, ideally more

Overwhelming pressures of being a practicing artist

Being open to other arts-related careers

People don't understand how flexible and diverse the arts are!

Reach out to a friend from a different discipline and collaborate on a shared project 😊

Lack of diversity in the Arts

Support organisations that are diverse...
Like Chineke!
(an orchestra at P.O.C.).
Or start your own!

MORE PEOPLE
SHOULD BE
ABLE TO
ENJOY
LISTENING TO
CLASSICAL
MUSIC

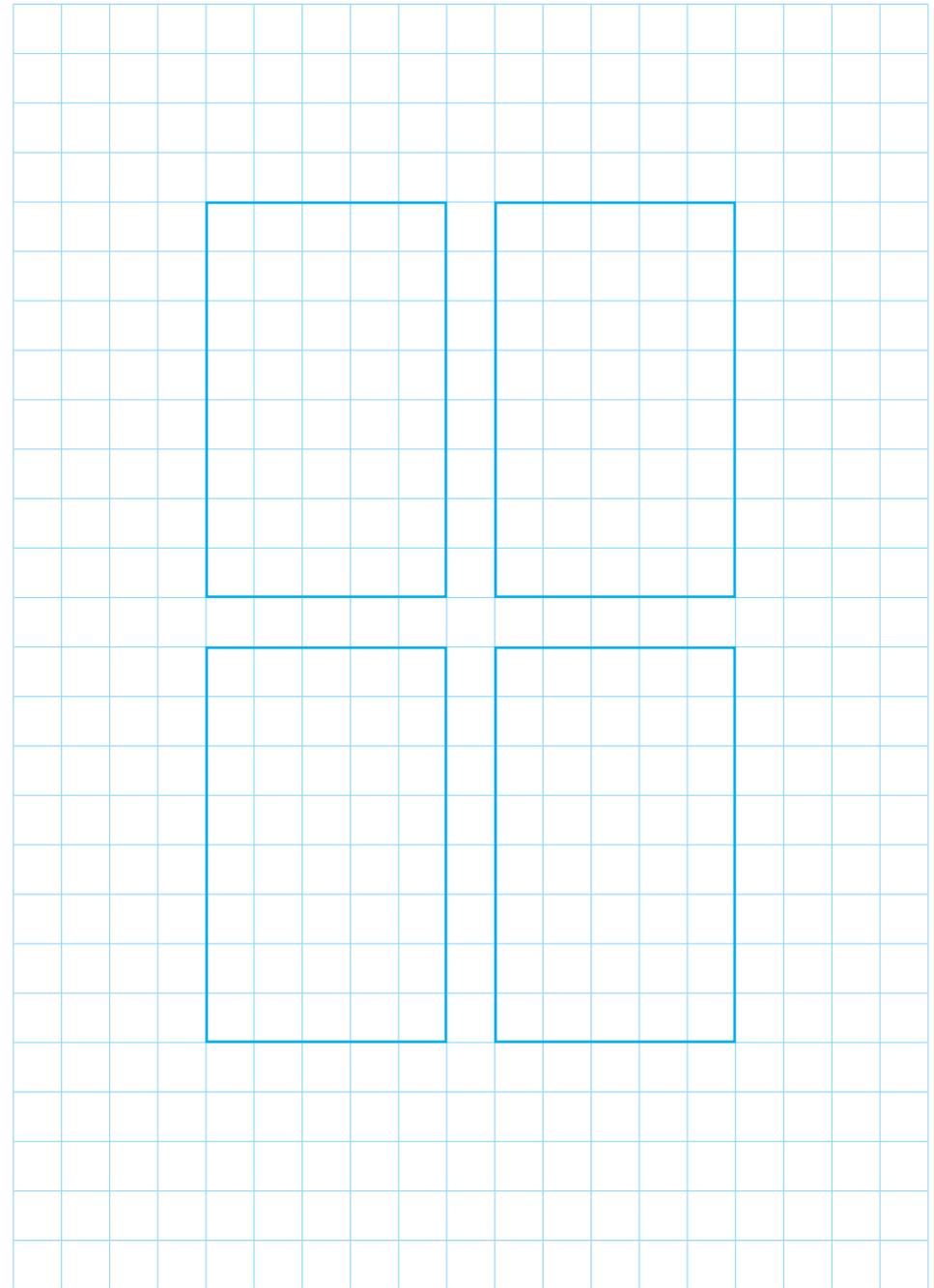
SHOW FRIENDS
AN ACCESSIBLE
& FAMOUS
PIECE TO
GET THEM
ENGAGED

learning an
instrument
can be too
discipline-focused
and not enough
about the Music

Make music
from the objects
around you &
create a
scratch
orchestra

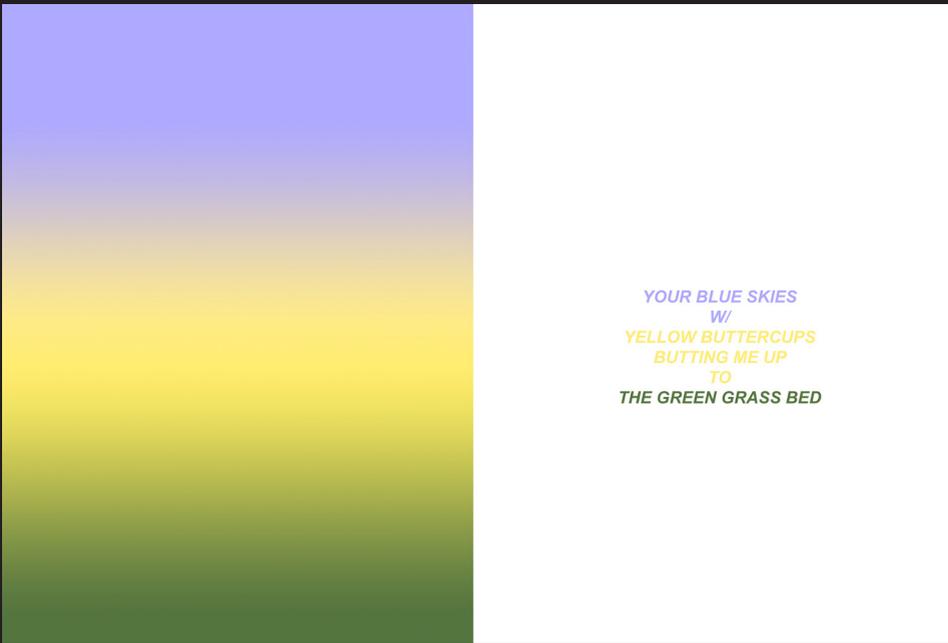
I feel sad
that classical
music is
inaccessible to
people from less
affluent
socio-economic
groups.

email a
politician or
celebrity and
highlight the
problem.
lobby for
change. be
specific about
what you want.





"City Girl" by Jody



"Blue Skies" by Jody



Photography by Jody

COMMUNITY

We're all connected to others through the groups and networks that we belong to.

In this chapter we explore not only how our communities have influenced us, but how we can effect change within them.

We outline what we, as communities of artists based in Gateshead, Raploch, London, Bristol, and Los Angeles, believe.

And we propose projects that will bring positive change to our home cities and the world beyond.

OUR CONNECTIONS IN THE WORLD

THE COMMUNITY THAT HAD THE
GREATEST IMPACT ON MY LIFE...



Gan Teideal (Irish Folk band)

Because: We are like a family and constantly support each other. Like every family we have our ups and downs but there is always someone there for you. It brings me closer to my grandad as he loved traditional Irish folk music. We support many church events and charity events too. It's given me so many opportunities to grow.
Aimée, 16

'Outfit on Shuffle' WhatsApp group

Because: It's all love. It's a group of people that I hangout with at uni and outside of it too now. These people are amazing and they've made the experience of studying at Central St Martin's great, as it can be a lonely place sometimes.
Jody, 19

Almeida Theatre Young Producers

Because: It was the first time my creative ideas were properly considered and recognised.
Emilian, 20

The school I work in

Because: It has changed my values, preferences and ways of thinking. It was a place which provided me security, gave me a space and knowledge for expression, development and self-fulfilment. Having experienced this, the aim of my life became to try and give the same to others.
Joné, 23

National Youth Orchestra

Because: I made plenty of new friends. It inspired me as a young child at the BBC proms and drove me to follow my musical aspirations. It opened up new opportunities I have never had before, like Bluebeards Castle, the one-act opera by Hungarian composer Béla Bartók.
Joshua, 16

The Argoths

Because: They are people I trust. I met some of my best friends through the group and it helps me to experience new things.
Annie, 16

CRAZY LOVE

A game to unlock your ability to think laterally. Crazy Love loves company - for best results, ask a mate to contribute ideas at each stage.

- 1. Write down on the left hand side 3 things you love about your chosen community.**
- 2. Now write down on the right hand side 3 things that drive you crazy about this chosen community.**
- 3. Highlight one thing from each column. Use the thing you love to solve the thing you hate. The two columns provide such opposites that their clashing should spark new ideas.**

Extra points if your solution uses creativity, expression and the arts, obv!



eg

LOVE

HATE

1. Range of performance spaces and music
tech at arts venues

1. Audiences can be elitist

SOLUTION

Showcase diverse and interesting collaborations across arts venues to broaden artistic horizons

LOVE

HATE

1.

1.

2.

2.

3.

3.

SOLUTION

DEBATE

Lizzy Gur

♩=90

div. unis. 1

Horn in F 1+3

Horn in F 2+4

Horn in F 5

Trumpet in Bb 1+2

Trumpet in Bb 3+4

Trumpet in Bb 5

Trombone 1+2

Trombone 3+4

Trombone 5

Baritone Trombone

Tuba 1+2

"Debate" by Lizzy Gur



"Dark Side" by Glen Barjoti

Listening LEARNING
REFORM *MARCHES*
UNDERSTANDING
LEADER MINORITY
BRAVERY FIGHT CHALLENGING
CONFIDENCE

LITTLE ACTS **CHANGE** VOICE

HERE'S WHAT IT MEANS TO US:

CARE ACTIVISM
ENVIRONMENT

Education ARGUMENT
PLATFORM VALUE SACRIFICE
INJUSTICE SPEAKING UP

MANDELA MARTIN LUTHER KING WOMEN'S RIGHTS
PROTEST UNITY
CROWDS POLITICS
EMMA WATSON
RALLY PASSION
RIGHTS ROSA PARKS
AMBITIOUS SPEECH
TRUE TO YOUR WORD
MALCOLM X *thought*
IMPACT
STRONG REINFORCE

INDEPENDENCE



Dream-Stage

This stage is for fantasizing. Creating the most fantastic and audacious ideas as possible. No filter. Just wonderful, raw ideas. This stage is about “why not?”



Build-Stage

Now is the time to take all of your wild dreams where time, space and money don't exist. Dreamer ideas can be re-worked into something more practical. This stage isn't about the reasons it could not be achieved, but only about it could be done. This stage is about “how?”



The Critic

In this final stage you become the critic... shoot holes in the ideas you've come up with.

Use the feedback from each stage to create new versions of dreams to build and test until the water runs clear.

YOUNG PEOPLE FOR SAGE GATESHEAD: **WE BELIEVE...**

OUR BELIEFS

WE BELIEVE IN FREE AND FAIR EDUCATION.

WE BELIEVE IN A SYSTEM WHICH TEACHES YOUNG PEOPLE HOW TO LEARN CREATIVELY.

ALL PEOPLE SHOULD HAVE THE FREEDOM TO EXPERIENCE AND EXPLORE ALL FORMS OF CULTURE.

WE BELIEVE IN FREEDOM OF ACCESS TO INFORMATION AND RESOURCES TO AIDE CULTURAL AND ARTISTIC DEVELOPMENT.

WE BELIEVE THAT THE ARTS CAN BENEFIT COMMUNITIES IN AND AROUND GATESHEAD AND NEWCASTLE AND NEEDS TO BE INCLUSIVE.

TO INCLUDE ALL PEOPLE, YOU NEED TO ACTIVELY SEEK OUT THOSE IN CHALLENGING CIRCUMSTANCES. LET'S INCLUDE EVERYONE IN BUILDING MEANINGFUL RELATIONSHIPS THROUGH CREATIVE JOURNEYS.

THROUGH THE CREATION OF A YOUTH ARTS COUNCIL:

LET'S OFFER THE BEST EXPERIENCE FOR ALL WHO WORK AND PLAY HERE AT THE SAGE, NURTURING AN INVIGORATING, INSPIRATIONAL ENVIRONMENT.

AS YOUNG MUSICIANS, WE WILL INTRODUCE THE ARTS TO MORE YOUNG PEOPLE, INFLUENCE AND CHANGE LIVES FOR THE BETTER, AND SUPPORT PEOPLE IN CHALLENGING CIRCUMSTANCES.

WE WILL EXIST TO COMMISSION NEW PROJECTS, BE ADVOCATES OF THE ARTS, INCREASE OPPORTUNITIES FOR ARTS PARTICIPATION AND TO SIGNPOST YOUNG PEOPLE TO WHATS GOING ON REGIONALLY.

YOUNG PEOPLE FOR SAGE GATESHEAD:



WE WANT CHANGE

WHAT:

We want to promote youth voices within the arts. There is a huge variety of youth groups inside Sage Gateshead, as well as around the Newcastle and Gateshead area, that need representing. This is not just limited to musicians.

WHY:

Young people are the future of the arts. It is only through them that the community can develop, grow and become more inclusive and diverse.

HOW:

By creating a diverse and inclusive Youth Arts Council.

Our idea:

The Youth Arts Council will support an open dialogue within the region's arts and culture. The council will be in constant communication with communities and venues around Newcastle and Gateshead.

Members of the council will represent communities within the area and ensure their voices have an impact.

Applying members of the council must be approved by the communities/venues they represent before consideration.

The Youth Council must have a diverse range of voices to support the wide variety of groups that it will represent. The council will be democratic with all voices heard equally.

Aims

The Youth Arts Council will exist to enable greater access to arts and culture for young people.

The council will sign-post young people to what's going on regionally.

Finally the Youth Arts Council will strive to develop new audiences at Sage Gateshead and beyond, bringing cultural experiences to a diverse range of communities.

This is what we have started. What do you think?

BIG NOISE RAPLOCH: WE BELIEVE...

**WE SEE THE TRANSFORMATIVE POWER OF MUSIC IN OUR OWN LIVES.
CLASSICAL MUSIC IS SEEN AS FOR THE FEW, NOT THE MANY;
WE'RE PROOF THAT MUSIC SHOULD BE FOR THE MANY.**

**WE BELIEVE IN THE POWER OF EXPRESSION FOR EVERYONE.
THE ARTS MAKE OUR WORLD. IT MAKES THE PEOPLE.**

**WE BELIEVE EXPRESSION CREATES CULTURE AND,
MORE IMPORTANTLY, BRINGS PEOPLE TOGETHER.**

**WE BELIEVE THAT YOUNG PEOPLE NEED
MORE SPACES TO JUST BE THEMSELVES.**

**SPACES WHERE WE CAN IDEALLY ENGAGE IN AN ACTIVITY
OR JUST HANG OUT AND BE TEENAGERS.**

WE ARE COMMITTED TO SPREADING THE POSITIVE IMPACT OF BIG NOISE.

WE ARE COMMITTED TO CHANGING THE PERCEPTION OF YOUNG PEOPLE IN RAPLOCH.

WE CARE ABOUT THE COMMUNITY, THE PEOPLE IN IT AND EACH OTHER.

WE CHERISH THE CREATIVE SIDE OF THE BRAIN.

WE CAME TOGETHER AS A FAMILY TO AFFECT CHANGE.

**WE AS YOUNG MUSICIANS MADE LOCAL COUNCILLORS AWARE OF OUR ANGER,
SADNESS AND FRUSTRATION AT PROPOSED CUTS TO BIG NOISE FUNDING.**

WE MADE OUR VOICE HEARD AND AFFECTED CHANGES SUCCESSFULLY.

**BIG NOISE HAS HELPED US REACH OUR POTENTIAL AND
WE WANT IT TO CONTINUE HELPING FUTURE GENERATIONS.**

BUT WE WON'T STOP HERE. THIS IS JUST THE BEGINNING.

BIG NOISE RAPLOCH:



WE WANT CHANGE

Stirling is a beautiful city but there aren't many things to do which interest young people.

We want to redesign Stirling Shopping Mall. Here's how we'll do it :

1. We will make sure that young people's favourite shops (which they usually have to travel to Glasgow for) are in the mall. This 100% gets people in the building.

2. We will create a hangout space/ centre on the second floor.

Our reasoning is that we want to create a pull factor, not a push factor. This all-inclusive space will bring people in for practical reasons, and then they

might stumble across the arts, sports, music or expression in a casual way.

We know lots of talented young bands who struggle to find affordable places to gig in.

We know lots of young people who struggle to find stuff to do.

This space is the solution.

Win-win.

This space is also used as a social area for young people to connect with each other. Not every single person is in to music and that's okay, but having this Shopping Mall might mean they find their way to express themselves and let off steam.

YOUNG PEOPLE FOR BARBICAN GUILDHALL
CREATIVE LEARNING & NYO:

WE BELIEVE...

WE ARE A POSITIVE YOUTH VOICE IN THE ARTS.

AT THE MOMENT, THERE ARE BARRIERS PREVENTING EQUAL ACCESS TO THE ARTS. HOWEVER, WE ARE COMMITTED TO INCLUSION, REGARDLESS OF CLASS, GENDER, ETHNICITY, SEXUALITY OR ANY OTHER FACTOR.

WE ARE COMMITTED TO CHANGING THE ARTS FROM SOMETHING SEEN AS INACCESSIBLE TO A FORM THAT IS AVAILABLE TO EVERYONE.

**WE BELIEVE THAT THE ARTS CAN PROVIDE CONFIDENCE
IN IMPROVING PEOPLE'S WELLBEING.**

THIS IS POWERFUL BECAUSE THE ARTS CAN OPEN THE EYES OF SOCIETY, WHICH WILL HELP BREAK DOWN THE STIGMAS ASSOCIATED WITH TALKING ABOUT ISSUES, BOTH WITHIN THE INDIVIDUAL AND COMMUNALLY.

ARTS CAN BE A VEHICLE TO HELP INDUCE THIS CHANGE.

WE WILL ALWAYS BE PASSIONATE AND STAND UP FOR WHAT WE BELIEVE IN.

ENACTING CHANGE IS POSSIBLE RIGHT DOWN TO THE SMALLEST SCALE.

WE STRIVE FOR EQUALITY IN ALL ART FORMS BY SHARING EXPERIENCE AND KNOWLEDGE ABOUT DIFFERENT GENRES, FOR EXAMPLE CLASSICAL MUSIC AND TRAP.

WE AIM TO CONTINUALLY REFLECT ON THESE IDEAS AND COMMUNICATE THEM IN ORDER TO CREATE AN EXCHANGE OF IDEAS WITH OTHER PEOPLE.

IN THE FUTURE, WE WANT THE ARTS TO BE WIDELY AVAILABLE AND USED TO HELP PEOPLE MOVE TOWARDS BETTERING THEIR WELLBEING.

WE HOPE THAT YOU WILL ENGAGE WITH US AND JOIN OUR MOVEMENT
TOWARDS A MORE DIVERSE AND ARTISTIC FUTURE!

YOUNG PEOPLE FOR BARBICAN GUILDHALL CREATIVE LEARNING & NYO:



WE WANT CHANGE

We want the arts to be widely available and used to help people move towards bettering their wellbeing.

These are our ideas...

REACH OUT/ BREATHE

A pop-up radio podcast, broadcasting 24/7 from different places around the UK.

Dream

Local DJ's play a variety of music from a variety of genres, creating an inclusive platform.

Diversity is a constant, ongoing discussion, with which audiences engage.

We would run regular polls for guests, so we can listen to and share what they want and adapt according to our listeners.

We would run 30-day challenges, focusing on important issues such as self-care, with which young people can get involved.

Celebrity speakers, such as Princess Nokia, Adwoa Aboah, Michaela Coel and Grayson Perry, would guest speak and be interviewed.

Build

We would raise awareness through a charity event for the radio station, from which we would gather feedback.

Following this event, we would start a crowdfunding page, and reach out to celebrity endorsers, such as James Kent of 'Chopin Saved My Life'. As more celebrities become interested, we would hope to acquire speakers for the radio station.

We would conduct social research to assess the impact of the station.

M.A.D. FEST

M.A.D.: music, arts, drama. A free, IRL event, which happens live and offline, focused on face-to-face, non-verbal connections, based on shared experiences and collectivism.

Dream

The event will be fully accessible for people of all physical abilities. All forms of involvement and participation are welcome, to empower everyone and engender curiosity.

The event would take place in schools, supermarkets, public spaces and squares, such as Covent Garden. We would engage with local communities to excite their interest.

Multi-art forms, both visual and non-visual, aural and silent, would be celebrated equally.

We would invite guest speakers, who would also publicise the event. We would hope to make connections with individuals such as Nigel Kennedy, Sheku Kanneh-Mason and Nicola Benedetti.

Build

We would hope to hold this event in the summer months, creating and showcasing work live.

We would endeavour to acquire Arts Council funding for the festival.

We would talk to local councils to secure planning permission for the event, which we would programme over three days.

We would talk to charities and specialist organisations about the event, such as Quilter Cheviot, Leverhulme and Round Table, and learn how to apply to register as a charity.

If we registered as a charity, banks would be obliged to sponsor us, and act as our financial partners.

We hope that the event will grow as it garners respect.

We would aim to cultivate partnerships with established arts platforms, such as Radio 3, Radio 1Xtra and Classic FM.

TUNING IN / TUNING ON / TUNING OFF

A social media platform, a website or a blog, showcasing multiple art forms.

Dream

This is a safe and open space for people to discuss their well-being through sharing art.

Build

This page is youth-led, run by us, Tuning into Change.

We talk in an informal, honest way, sharing art we are passionate about and discussing how it has positively affected our lives.

It ranges from light-hearted to serious, funny, empathetic and full of memes, live videos, music, art, and collaboration opportunities.

The aesthetic is collaborative and looks cool and distinctive.

The page is updated regularly by those in Tuning into Change, and has content from people internationally.

The platform is a living version of our manifesto.

Critiques

We discussed the possible mitigating factors which may make it difficult to make our ideas happen. Many of the concerns were to do with finances. How would we pay creatives, how would we successfully apply for funding, how would we go from getting the projects on their feet to keeping them running successfully? We thought that celebrity support would be an effective way of gaining financial backing, however this is hard to enact practically. We also discussed how these ideas would be led, and by whom, and where in the country? Those with resources are rarely young creatives, and resources are not distributed fairly across the regions. We believe that making access to the arts fairer to begin with will enable such ideas to become reality with greater ease.

BRISTOL PLAYS MUSIC: WE BELIEVE...

WE BELIEVE THAT A MUSICIAN IS AN ATHLETE, MATHEMATICIAN AND MOST IMPORTANTLY, AN ARTIST.

WE BELIEVE THERE IS NO SUCH THING AS AN 'UNMUSICAL' PERSON AND WE CAN USE THIS COMMON CHARACTERISTIC TO JOIN TOGETHER IN COMMUNITIES.

We know music has many benefits such as:

FREEDOM OF EXPRESSION

POSITIVE IMPACT ON MENTAL HEALTH AND WELLBEING

**SOCIAL ASPECTS- THERE IS A COMMON GOAL
AND SENSE OF COMMUNITY**

THIS MAKES MUSIC WORTH INVESTMENT FROM THE GOVERNMENT, ESPECIALLY AS THERE ARE NOW HUGE STAINS ON MENTAL HEALTH SERVICES.

**We want to overcome the barriers
and boundaries in music including:**

FINANCIAL LIMITATIONS

ACCESS AND LOCATION

LACK OF DIVERSITY

MUSIC PROVIDES OPPORTUNITIES AND EVERYONE SHOULD BE SUPPORTED THROUGHOUT THEIR MUSICAL DEVELOPMENT.

BRISTOL PLAYS MUSIC:



WE WANT CHANGE

OUR BIG IDEA:

We propose designing a workshop format which can be sent to school and community groups. The workshops use everyday items i.e. stationery to make music culminating in a performance.

We would create the hashtag #stationerysounds in order to raise awareness of the project and share ideas.

The purpose of our idea is to make teaching music simple and fun. This shows anyone can be a musician, anywhere.

We hope these sessions will be practical, rewarding and ultimately prove that everyone is a musician.

WHEN WE TRIED IT OUT...

Stationery instrument ideas:

- highlighters on a table
- paperclips in a cup
- glasses of water
- clicking pens
- crushing plastic cups
- calculator buttons
- voice
- ruler on edge of table



YOUTH ORCHESTRA LOS ANGELES (YOLA):

WE BELIEVE...

**WE BELIEVE THAT BEFORE WE CAN GET SOMEONE TO HEAR US,
WE MUST LISTEN TO THEM**

BECAUSE

**UNDERSTANDING ALL SIDES
WILL HELP DEVELOP IDEAS THAT INTEGRATE
DIFFERING PERSPECTIVES.**

**IN ORDER TO UTILIZE THE UNIQUE VIEWPOINTS
THAT ARE PRESENT, WE MUST
SET ASIDE PRECONCEIVED NOTIONS
AND ALLOW OTHERS TO
SPEAK BEFORE US.**

**IF WE ACHIEVE THIS, WE CAN CREATE A CHANGE
GREATER THAN ANY ONE INDIVIDUAL.**

YOLA



WE WANT CHANGE

WHO:

People who find it hard to listen to each other.

WHY:

Hearing is nothing, listening is everything. In order to be understood, one must first empathise with another.

HOW:

- 1.** VR goggles that change people's perception.
- 2.** You can't judge without knowing - A simulation that gives people the chance to experience

potential legislative changes before they occur.

3. A world conference, made up of 3 parts:

1. Community level conversations - kids talking about problems they encounter.
2. Conference - bringing people together globally to share and discuss opposing sides of differing subjects.
3. A community movie - that tells the story of different perspectives.

Your dreamers, builders, critics process.

Dream

Build

Critic

Activate your idea with:

£1,000,000

£1,000

£100

£1

GLOBAL

Our dream is to change the world.

Our starting point was visualising the world as we'd like it to be – our utopias.

Then we asked what it would take to make the impossible real.

In this chapter you'll find our shared manifesto for change. What we together as 42 young artists from 5 locations would like to achieve.

Plus, we've set a series of 'asks' for people with influence and people we admire so they can help us on this journey.

OUR UTOPIAS

THE LAND WE WANT TO BUILD...

Raploch: Art is everywhere, it is not specifically one thing. This utopia is about nature, harmony and people coming together to make their own art and culture. We also included technology, which doesn't overpower life but develops life.



"In other countries, the artist protects their music. Here the first thing we do is give it away."

"I always knew I had the power in me. I just didn't know how to express it"

being free to be yourself

Freedom of speech



Gender / Race equality.

encouragement



love

Acceptance



First ever hijab-wearing Barbie doll goes on sale

The feeling

Joanna Thompson creates pattern expressive feelings and emotions. They are powerful, cathartic and strike something visceral, encapsulating a moment, a wave, a lingering sensation - thuds to the heart. As well as the creator of Mother Feels, Joanna is a mother of two and a freelance brand strategist. She lives in the Midlands.

young people, they are going to suffer the consequences. Governments, politicians, big countries could think about the relationship between people, not only indigenous people but all around the world. The problem is that as long as the social system doesn't change, we will continue to have problems. The rich countries only work to make more and more money, and they want to dominate. There's no equality. Poor countries are becoming even poorer. The system has to change. The resources, the wealth that God created, only few are taking advantage of it and only a few are protecting it."

Guillermo Archibald, Agronomist - Gardi Suburb community

Bring back the trees

Without plant and tree cover, erosion happens much more easily. Sustainable forest management efforts and reforestation schemes are key. Deforestation in Paraguay is thought to have been reduced by 65 per cent within two years of the enactment of its 2004 Zero Deforestation Law - though it remains a huge problem in the country.



IN OUR NATURE

The young conservationists



Commercialisation for good!

The shopping centre dedicated to repaired and recycled goods

Imagine a landscape that not only protects wildlife but also creates jobs, and looks, sounds and smells more beautiful than the one we have today

LOVE respect

Can we save the planet?



MORE ART!
'Forget sleaze, money and violence. Film-making should expose greatness'

Protest doesn't have to be loud and angry

'Nobody can do recovery on their own'

Community

exchange

serenity

Balance

Safety



Peace

Refugees become mental health counsellors for peers



"We need to stop seeing protest as only being about shouting in a crowd and start having the kind of conversations that connect to fellow human beings"

Inclusive Art

Call



LET'S MAKE ART



beauty



London: We created this conception of 'utopia' by making a collage that also contained our own notes and drawings. This utopia focuses on the ideas of sustainability, environmentalism, peace and a complete freedom of artistic expression.

Imagine you are starting a totally new society from scratch

- would it have a leader?
- what roles would you assign?
- what are the rules & laws of the land?
- What role would music or the arts play?

Would the society have a motto/slogan?

Now create it

How does this differ from the world we live in currently?

What do these differences tell you about what you'd like to change in society?



OVER TO YOU

TUNING INTO CHANGE MANIFESTO

I BELIEVE [THAT/IN]

I AM COMMITTED TO // I WON'T REST UNTIL

I AM PROOF THAT

I WILL ALWAYS

A CHANGE IS IMPERATIVE BECAUSE

I WILL NEVER

THINGS NEED TO CHANGE

BUT I CAN'T DO THIS ALONE. // I WANT YOU TO JOIN ME

AT THE MOMENT,

YOU NEED TO JOIN THE MOVEMENT BECAUSE

PUNCHY CLOSING STATEMENT // CALL TO ARMS // QUESTION TO YOUR READER

TUNING INTO CHANGE MANIFESTO

WE ARE TUNING INTO CHANGE.

WE WILL BE ADVOCATES FOR THE POSITIVE NATURE OF THE ARTS. WE WILL EXPRESS OUR PASSION FOR THE ARTS AND BE OPEN TO NEW IDEAS, OPINIONS AND SUGGESTIONS.

WE WILL NOT GIVE UP OUR VOICE. WE WILL NOT PUT UP BARRIERS TO PUT THE VOICES OF OTHERS DOWN BY EXCLUDING THEM. WE WILL LEAD THE WAY FOR A COHERENT MOVEMENT.

WE ARE COMMITTED TO UTILIZING OUR COLLECTIVE EMOTIONAL INTELLIGENCE, IN ORDER TO ENSURE WE ARE AS INCLUSIVE AS POSSIBLE.

THINGS NEED TO CHANGE, OTHERWISE PEOPLE ARE AT RISK OF BEING DIVIDED AND DISCONNECTED. THEY'LL BE DEPRIVED OF EXPRESSING THEIR TRUE SELVES AND DISCOVERING HIDDEN PASSIONS, THAT COULD ULTIMATELY LEAD TO SOMETHING REVOLUTIONARY.

THIS CHANGE IS IMPERATIVE BECAUSE IT WILL BREAK DOWN BARRIERS TO INCLUSION, SO THAT THERE IS AN EXPRESSIVE SPACE FOR ALL GROUPS IN SOCIETY. THIS CHANGE WILL AFFECT PEOPLE ACROSS AGE GROUPS, SOCIAL AND ECONOMIC BACKGROUNDS. ITS IMPACT WILL BE FELT ACROSS THE GLOBE.

WE'RE PROOF THAT, REGARDLESS OF OUR AGE, WE AS YOUNG PEOPLE ARE JUST AS CAPABLE OF GENERATING AND EXECUTING IDEAS TO CHANGE THE WORLD!

THE ARTISTIC LANDSCAPE MAY SEEM UNCERTAIN, BUT WE MUST ACKNOWLEDGE THAT THERE IS ALWAYS A FUTURE BEYOND THE HORIZON.

THE POWER TO CHANGE THIS FUTURE IS IN OUR HANDS, BUT WITHOUT COLLABORATION AND THOUGHT, WE ARE POWERLESS.

YOU NEED TO JOIN THE MOVEMENT BECAUSE TOGETHER WE CAN CREATE A CHANGE GREATER THAN ANY ONE INDIVIDUAL.

STUFF WE THINK YOU SHOULD CHECK OUT

#INSPO

ARTISTS

Basquiat
Andy Warhol
Frida Kahlo
Gustav Klimt

MUSICIANS

Pentatonix
Eminem
David Bowie
Celtic Woman Music Ensemble
Jeff Buckley
Kali Uchis
Morrissey
Tyler the Creator
Syd Arthur
Rex Orange County
Mon Laferte
Postmodern Jukebox

PIECES OF MUSIC

Dvorak's Ninth Symphony
Exposure - Esperanza Spalding
Dvorak's American Quartet - Emerson String Quartet
The Way - Khalid and Swae Lee
Redemption - Zacari
Real Estate - Atlas
Satyagraha - Philip Glass
Exposure - Esperanza Spalding
Pregnant with Success - Jungle Pussy
Scheherazade - Rimsky Korsakov
Daphnis Et Chloe - Ravel
The American Quartet - Dvorak

9th Symphony - Mahler
Fallen Brother - Kreator
(performed at Bloodstock Festival in Germany)

ALBUMS

Hot Fuss - the Killers
Isolation- Kali Uchis
Stoney - Post Malone
Melodrama - Lorde
Tommy - The Who
Dunkirk: Original Motion Picture Soundtrack
Selling England by the Pound - Genesis
DAMN - Kendrick Lamar
Black Star - David Bowie

FILMS

My name is Khan
What Happened, Miss Simone?
The Life of Pi

TV SHOWS

The Wire
Peaky Blinders
Celebrity Big Brother 2018
Ackley Bridge
The Office (U.S)
Chopin Saved My Life

BOOKS

Hermann Hesse:
Enlightenment and Conditioning
(Siddhartha book)

PLAYS

Hamilton: An American Musical
Wicked the Musical
West Side Story

INSPIRATIONAL PEOPLE

Barack Obama
Malala Yousafzai
Maya Angelou
Gustavo Dudamel
Frida Kahlo
Dolores Huerta
Cesar Chavez
Martin Luther King Jr.
Malcolm X

MISCELLANEOUS

Soul of a Nation (exhibition)
Stuff you should know (podcast)
Dwell.com (website)
Creators.Vice.com (website)
Guernica (art piece by Pablo Picasso)
Sierpinski triangle (naturally occurring shapes in nature)
Carol Dweck's Theory of Social Reconstruction
Adam Neely exploring dissonance in naturally occurring sounds (YouTube video)



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- LA Phil's
Youth Orchestra Los Angeles (YOLA)
- National Youth Orchestra
of Great Britain
- Big Noise, Sistema Scotland
- Sage Gateshead
- Bristol Plays Music
- Barbican Guildhall Creative Learning

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To the young artists who committed so much to creating this book. You all brought an open mind, so many relevant issues and showed us what collaboration is all about.

And to all the communities and readers of the book out there who create change and make our society a better place to live, wherever that may be... this book is for you.

Images © Camilla Greenwell & Gar Powell-Evans.



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- | | | |
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¹ Barbican Guildhall Creative Learning & NYO ² Bristol Plays Music ³ Big Noise Raploch ⁴ Sage Gateshead ⁵ YOLA



NOTES

