It is an honour to introduce this Tuning into Change Manifesto, developed by young people from around the world as a timely, passionate statement about the essential role of the arts in transforming society. I congratulate the numerous young people who participated in this project on an important contribution to the cause of the arts and education.

My mentor, Maestro José Antonio Abreu, was a tireless advocate for young people’s access to beauty and the inspiration of art. It was his belief that in life, financial fortunes may rise and fall, material comforts can be found and lost, we are all subject to political, economic, social and environmental forces beyond our individual control, but give a child access to art, instill an appreciation for beauty, and their life will be enriched forever. That is the transcendent, transformational power of art.

Art is the education of the soul. Art is beauty – an ideal of harmony in the world. It is also tool - a means for young people to discover the potential of their own creative capacities. Equally, art is a gateway to the essential lessons of citizenship. It teaches discipline, it is collaborative, it spurs us to creative leaps of imagination. Art is not simply about looking at the past in museums, it is about recognising the skills, qualities and values that will define our future. That is why, for me, art and young people are inseparable.

Young people have great hearts, fine instincts, energy, optimism, and the most important stake in our collective future. Faced with challenges, young people - provided they are properly supported - will always find the brightest solutions.

As an artist, educator, and beneficiary of Maestro Abreu’s commitment to investing in future generations, I see it as my most important duty today to help empower young people in shaping their own futures and those of their communities.

Art offers lessons and tools for us to improve ourselves, and like in an orchestra, fosters an environment where all can express their voices, share their experiences, and in the spirit of learning, compassion and respect, create a more harmonious world together.

That ideal is what this Manifesto represents and why I am confident the young people whose ideas follow - as aspiring artists and committed citizens - will be great leaders in creating a better tomorrow. I give them a standing ovation!

With love and admiration,

Gustavo
This manifesto was created by us: 42 young people aged 14-25. We are young creatives from across the UK and LA who took part in the Barbican Guildhall Creative Learning project ‘Tuning into Change’. Each of us is here through one of the following organisations: Big Noise Raploch, Bristol Plays Music, Youth Orchestra Los Angeles (YOLA), National Youth Orchestra of Great Britain (NYOGB), Sage Gateshead and Barbican Guildhall Creative Learning.

This manifesto is a response to the Barbican’s 2018 season The Art of Change, which explores how artists respond to, reflect and potentially effect change in the current social and political landscape. Over 6 months we post-it noted, doodled and brainstormed ideas around what the arts can offer young people, and the role that young artists hope to play in creating lasting change in our uncertain world.

This is our Youth Manifesto for the Arts.

The aim of Tuning into Change was to create something together, completely led by the voice of the youth. We created this interactive manifesto to be read, written in and used by anyone who wants to effect change using their creativity.

It can be read forwards (beginning with the individual) or backwards (starting globally and focusing in). Along the way we’ve included a selection of exercises we did as part of the Tuning into Change process, and some of our own artworks, compositions, illustrations and poetry.

This manifesto was launched at an open rehearsal with Gustavo Dudamel on 4 May 2018, as part of the Los Angeles Philharmonic residency at the Barbican.

We hope you find it both useful and insightful.
We’re starting off focusing on #1 – meeting the individuals (hey there), and exploring the role of the individual as change-maker. What possibilities do the arts offer? And what real life changes can we, as individuals, create right now?
**MEET US...**

Alannah: Feminist, French horn

Georgia Russell: bubbly, musician

animal lover, flautist

David: rugby, drummer, Scottish

Jae: non-conformist, listener

Feminist, French horn

bubbly, musician

animal lover, flautist

rugby, drummer, Scottish

non-conformist, listener

violin - YOLA 11yrs, funny, Mexican American

tubist/bass trombone, Mexican American, friendly

Scottish tuba player

resilient and passionate, clarinettist

cellist, loves nature

guitarist: jazz & rock, loves triangles, hates stats

musician, creative, activist

geographer, young producer, loves to travel
YOLA cellist, Mexican-American

violin, clarinet, sax, classical and Irish music

viola, violin, organ, theatre, thinker

Big Noise percussionist, singer

theatre-maker, songwriter

violinist, Scottish

the colour blue, violinist, Scottish

the colour blue, violinist, Scottish

Welsh, composer, animal enthusiast

community music, songwriter, death metal guitarist/vocalist for Vulgar Dissection

bubbly, food lover, oboe

flautist, music scholar

multi-instrumentalist, loves musical theatre

oboist, been a member of NYOS

bubbly, food lover, oboe

flautist, music scholar

multi-instrumentalist, loves musical theatre

oboist, been a member of NYOS
From attic room to dungeon cell, there sounds a HUM;
Come, hear it swell –

From earth which pulses 'neath our feet,
On every street,
Through blades of grass,
Twist mountain tops:
ba-boom, buh-BANG

The echo echoes, cave to cave to cottage,
shack to shore,
terrace to tavern to boulevard,
along the strand, direct to soul.

It’s in the conversations, the cantankerous moans,
the dour daily groans, their rainbow tones.
And huffs sniffs shuffles whiffs punctuating throng.
It’s in the buzz of my toothbrush,
and these mating dragonflies,
and that low-flying plane from Stansted!
(Or the next rocket to the moon.)

It’s in the impenetrable, daunting peace
of the most still sheet of sea
which ripples, and giggles, and roars and Sings.

The music of every name.
No voice the same, but a wash
of undulating hues,
pleasure with pain.

The first g-drum
of an African drum,
a mighty cymbal crash.
It’s boisterous brass,
of flirtatious flute,
or decadent double-bass.

It’s the taste of a top G
& the warmth of sudden laughter:
A baby’s very first cry
& the sound of you, breathing.

There is no age,
No one true sage,
Not, necessarily, a page,
nor stave:

Chuck me a beat, throw us a note –
I notice my toes are tapping:
I’ve quite forgot myself…!

Irrational music
Immaculate music

Steinway, casio, xylophone,
Tin whistle or tin can
We can:

Finger ripple flex,
crack the neck:
square the feet,
let down hair…
even breath,
up, up, down:
feel the space –
(heart, beat time)

RAISE YOUR VOICE
Steady, hands
and play along.
It’s everything’s song.
The things we love about the arts:

- Form of expression when words fail
- Being you!
- Expressing opportunities
- Entertaining others
- Expressing my identity
- Being a part of a community
- Being able to express yourself
- Creating for others
- Live adrenaline rush
- Being able to play with other people
- BIG sound!
- Art makes our world. It makes our cities. It makes the people.
- Making amazing music without needing super skills
- Performing
- Emotional healing
- Discovering new styles
- Freedom of expression - be who you want to be
- It is a lifestyle
- Being a part of a large scale project
- Improving technique
- Space
- Getting new and unexpected opportunities
- Meeting new people with the same interests
- Communication between groups and between artist and audience
- Reaching new audiences
- Chance to meet lots of people with similar likes
- Enjoying myself on stage
- Learning to improve creativity
- The convo
- Getting political
- Being part of a collaborating team
- Chance to learn individually
- It’s fun!
- Inspiring others
- It’s an emotional diary
- Creating as a group
- The connections
- Improves concentration
- Social aspect - common goal - community
- The arts can teach you a lot about yourself as a person and makes you feel as though you have purpose
- Achieving goals you set
- Improves ability to learn
- The arts give you a different outlook on life
- The process
- To get away from stress or just everything
- Endless possibilities
- Arts can help you express who you are as a person
- The ideas
- Being able to vent
- Allows me to appreciate the work of others more
- Feels the music from my soul
- Being able to express yourself
- Playing as a group
- Confidence building
- The more you do the better you get
- Use of colour
- Meeting new people
- Practice
- Finding motivation
- Cost
- Stereotype that because we like classical music we don’t like anything else
- Other people’s expectations
- Not having my own equipment
- Inequality
- Elitism
- Lack of appreciation for the arts
- The power of money
- Limited funding
- Compeitiveness
- Mistakes
- Having to lug the double bass on the tube
- Running out of time
- Tuba cases
- Low pay
- Uncertainty
- Constant practice
- Not enough time for it all
- Limited access
- Such a new field
- Long hours can lead to strain
- Lack of opportunities
- The competition
- Being put down
- Making something original
- Feelings of inadequacy
- Hard to make it big!
- Whether you are good enough?
- Constant comparison
- Vulnerability
- Being a perfectionist
- The creative block
- Institutional biases
- Pretentiousness
- Big group - lots of different opinions
- Inaccessibility
- Inability
- Making something original
- Not taken seriously
- Lack of understanding
- Discrimination against the arts
- Limited access
- Such a new field
As creatives we come with a pretty sizeable range of skills to offer. We identified our top 6 – discipline, passion, confidence, teamwork, listening, emotional intelligence – and got, well, creative with them...

**ARTISTIC SUPERPOWERS**

**DISCIPLINE**

**Super Power**
- Discipline

**Key Output**
- Commitment - growth and improvement
- Path way to being creative
- Dedication

**Strengths**
- Ability to finish what you have started - accomplishment
- Achieving your goals
- Going beyond your limits

- DREAMS -

- Discipline -

- Anchor -
PASSION

**SUPER POWERS**
* Burns brightly
* Sparks passion in others
* Immortal Drive

**Strengths**
* Motivational
* Ambitious
* Very happy

**KEY OUTPUT**
* 100% effort to obtain achievement
* Influences and inspires others
* Spreads positivity

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CONFIDENCE

Name: Charis

Strengths - Shy, friendly, open.
Self Love, Charisma (Greek meaning "grace")

Confidence cannot be defined as one person as it is so varied and personal to each person.

Who do you see?

I am here to be me.

Lizzie O'Brien
Jade Brooks
Eliza O'Brien
Jackeline R
Hannah Davidson

We Can Do This.

[Drawings of various characters and objects]
TEAMWORK

Dream TEAM!

- Optimistic
- Confident
- Creative
- Accepting
- Adaptable

What is TEAMWORK?

Super

Interested in and flexible to other people:

- Inclusive, open and great at communicating

Stars

Understanding and accentuating individual qualities in order to work towards a collective goal

Output

Creating a more productive and fun environment, which increases the output of diverse, excellent ideas.

Georgia, 18

Kira, 22

Tommy Hill, 17

Josh, 22

LISTENING

Radar

Special power: hearing everything, understanding, knowledge

Key asset put in strength:

Learning, adapting, knowing strengths and weaknesses

Strengths: nice to be around, understanding, caring, selfless, cooperative
EMOTIONAL INTELLIGENCE

Intellymotio bot!!

Before: | After:
---|---

Special Power: Zaps you with emotions.
Key Output: Helps you understand other people.
Strengths: Able to get along with everyone.

Intellymotio bot is the most versatile superbot that can get along with every person in the world because they are able to view things from every perspective!

What are your artistic superpowers?
For champions of change, the task of shifting the way things are done in the world can feel like a daunting task. Impossible even. So we’ve identified a set of ‘papercuts’ – small inconveniences and annoyances that it’s in our power to tackle, right now.

We then thought of ways we could all effect positive, possible change really quickly by fixing these papercuts. We’re ready to change the world – the rest is up to you...

Our papercut solutions:

1. Must cost £0
2. You must be able to do it yourself
3. Must benefit at least one person other than you, ideally more
MORE PEOPLE SHOULD BE ABLE TO ENJOY LISTENING TO CLASSICAL MUSIC

SHOW FRIENDS AN ACCESSIBLE & FAMOUS PIECE TO GET THEM ENGAGED

Learning an instrument can be too discipline-focused and not enough about the music.

Make music from the objects around you to create a scratch orchestra.

Feel sad that classical music is inaccessible to people from less affluent socio-economic groups.

Email a politician/celebrity and highlight the problem. Lobby for change. Be specific about what you want.
W/out
What's a beautiful mysterious city girl without
ladders in her tights?
...There is none.
Without the ladders, without mystery,
is just a beautiful city girl.

Your blue skies
With yellow buttercups
Butting me up to the green grass bed
We’re all connected to others through the groups and networks that we belong to.

In this chapter we explore not only how our communities have influenced us, but how we can effect change within them.

We outline what we, as communities of artists based in Gateshead, Raploch, London, Bristol, and Los Angeles, believe.

And we propose projects that will bring positive change to our home cities and the world beyond.
Gan Teideal
(Irish Folk band)
Because: We are like a family and constantly support each other. Like every family we have our ups and downs but there is always someone there for you. It brings me closer to my grandad as he loved traditional Irish folk music. We support many church events and charity events too. It’s given me so many opportunities to grow.
Aimée, 16

‘Outfit on Shuffle’
WhatsApp group
Because: It’s all love. It’s a group of people that I hangout with at uni and outside of it too now. These people are amazing and they’ve made the experience of studying at Central St Martin’s great, as it can be a lonely place sometimes.
Jody, 19

Almeida Theatre
Young Producers
Because: It was the first time my creative ideas were properly considered and recognised.
Emilian, 20

The school I work in
Because: It has changed my values, preferences and ways of thinking. It was a place which provided me security, gave me a space and knowledge for expression, development and self-fulfilment. Having experienced this, the aim of my life became to try and give the same to others.
Jonė, 23

National Youth Orchestra
Because: I made plenty of new friends. It inspired me as a young child at the BBC proms and drove me to follow my musical aspirations. It opened up new opportunities I have never had before, like Bluebeards Castle, the one-act opera by Hungarian composer Béla Bartók.
Joshua, 16

The Argoths
Because: They are people I trust. I met some of my best friends through the group and it helps me to experience new things.
Annie, 16
Stagecoach
Because: Despite the career path I’m pursuing, which would be to become a classical musician (a dream), Stagecoach made me realise who I am, it made me embrace my creative side and helped me to become more confident over the 13 years I was there.
Jade, 17

Athletics
Because: It has allowed me to travel around the country and meet new people and make new friends. The fact that it involves physical activity can be used to justify training twice a week in Bath.
Tim, 16

My friends
Because: They encourage me to take opportunities, believe in my abilities and are available if something is wrong. They are supportive, patient, positive and accepting.
Alannah, 17

Big Noise
Because: It has given me a musical talent and guided me to so many opportunities to the future.
Glen, 17
A game to unlock your ability to think laterally. Crazy Love loves company – for best results, ask a mate to contribute ideas at each stage.

1. Write down on the left hand side 3 things you love about your chosen community.
2. Now write down on the right hand side 3 things that drive you crazy about this chosen community.
3. Highlight one thing from each column. Use the thing you love to solve the thing you hate. The two columns provide such opposites that their clashing should spark new ideas.

Extra points if your solution uses creativity, expression and the arts, obvs!

**CRAZY LOVE**

<table>
<thead>
<tr>
<th>LOVE</th>
<th>HATE</th>
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<tbody>
<tr>
<td>1. Range of performance spaces and music tech at arts venues</td>
<td>1. Audiences can be elitist</td>
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**SOLUTION**

Showcase diverse and interesting collaborations across arts venues to broaden artistic horizons.

<table>
<thead>
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<th>LOVE</th>
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**SOLUTION**

Showcase diverse and interesting collaborations across arts venues to broaden artistic horizons.
Dream-Stage
This stage is for fantasizing. Creating the most fantastic and audacious ideas as possible. No filter. Just wonderful, raw ideas. This stage is about “why not?”

Build-Stage
Now is the time to take all of your wild dreams where time, space and money don’t exist. Dreamer ideas can be re-worked into something more practical. This stage isn’t about the reasons it could not be achieved, but only about it could be done. This stage is about “how?”

The Critic
In this final stage you become the critic… shoot holes in the ideas you’ve come up with. Use the feedback from each stage to create new versions of dreams to build and test until the water runs clear.
OUR BELIEFS
WE BELIEVE IN FREE AND FAIR EDUCATION.
WE BELIEVE IN A SYSTEM WHICH TEACHES YOUNG PEOPLE HOW TO LEARN CREATIVELY.
ALL PEOPLE SHOULD HAVE THE FREEDOM TO EXPERIENCE AND EXPLORE ALL FORMS OF CULTURE.
WE BELIEVE IN FREEDOM OF ACCESS TO INFORMATION AND RESOURCES TO AIDE CULTURAL AND ARTISTIC DEVELOPMENT.

WE BELIEVE THAT THE ARTS CAN BENEFIT COMMUNITIES IN AND AROUND GATESHEAD AND NEWCASTLE AND NEEDS TO BE INCLUSIVE.
TO INCLUDE ALL PEOPLE, YOU NEED TO ACTIVELY SEEK OUT THOSE IN CHALLENGING CIRCUMSTANCES.
LET’S INCLUDE EVERYONE IN BUILDING MEANINGFUL RELATIONSHIPS THROUGH CREATIVE JOURNEYS.

THROUGH THE CREATION OF A YOUTH ARTS COUNCIL:
LET’S OFFER THE BEST EXPERIENCE FOR ALL WHO WORK AND PLAY HERE AT THE SAGE, NURTURING AN INVIGORATING, INSPIRATIONAL ENVIRONMENT.
AS YOUNG MUSICIANS, WE WILL INTRODUCE THE ARTS TO MORE YOUNG PEOPLE, INFLUENCE AND CHANGE LIVES FOR THE BETTER, AND SUPPORT PEOPLE IN CHALLENGING CIRCUMSTANCES.
WE WILL EXIST TO COMMISSION NEW PROJECTS, BE ADVOCATES OF THE ARTS, INCREASE OPPORTUNITIES FOR ARTS PARTICIPATION AND TO SIGNPOST YOUNG PEOPLE TO WHATS GOING ON REGIONALLY.
**WHAT:**
We want to promote youth voices within the arts. There is a huge variety of youth groups inside Sage Gateshead, as well as around the Newcastle and Gateshead area, that need representing. This is not just limited to musicians.

**WHY:**
Young people are the future of the arts. It is only through them that the community can develop, grow and become more inclusive and diverse.

**HOW:**
By creating a diverse and inclusive Youth Arts Council.

**Our idea:**
The Youth Arts Council will support an open dialogue within the region’s arts and culture. The council will be in constant communication with communities and venues around Newcastle and Gateshead.

Members of the council will represent communities within the area and ensure their voices have an impact.

Applying members of the council must be approved by the communities/venues they represent before consideration.

The Youth Council must have a diverse range of voices to support the wide variety of groups that it will represent. The council will be democratic with all voices heard equally.

**Aims**
The Youth Arts Council will exist to enable greater access to arts and culture for young people.

The council will sign-post young people to what’s going on regionally.

Finally the Youth Arts Council will strive to develop new audiences at Sage Gateshead and beyond, bringing cultural experiences to a diverse range of communities.

This is what we have started. What do you think?
**WE SEE THE TRANSFORMATIVE POWER OF MUSIC IN OUR OWN LIVES.**

**CLASSICAL MUSIC IS SEEN AS FOR THE FEW, NOT THE MANY; WE’RE PROOF THAT MUSIC SHOULD BE FOR THE MANY.**

**WE BELIEVE IN THE POWER OF EXPRESSION FOR EVERYONE. THE ARTS MAKE OUR WORLD. IT MAKES THE PEOPLE.**

**WE BELIEVE EXPRESSION CREATES CULTURE AND, MORE IMPORTANTLY, BRINGS PEOPLE TOGETHER.**

**WE BELIEVE THAT YOUNG PEOPLE NEED MORE SPACES TO JUST BE THEMSELVES.**

**SPACES WHERE WE CAN IDEALLY ENGAGE IN AN ACTIVITY OR JUST HANG OUT AND BE TEENAGERS.**

**WE ARE COMMITTED TO SPREADING THE POSITIVE IMPACT OF BIG NOISE.**

**WE ARE COMMITTED TO CHANGING THE PERCEPTION OF YOUNG PEOPLE IN RAPLOCH.**

**WE CARE ABOUT THE COMMUNITY, THE PEOPLE IN IT AND EACH OTHER.**

**WE CHERISH THE CREATIVE SIDE OF THE BRAIN.**

**WE CAME TOGETHER AS A FAMILY TO AFFECT CHANGE.**

**WE AS YOUNG MUSICIANS MADE LOCAL COUNCILLORS AWARE OF OUR ANGER, SADNESS AND FRUSTRATION AT PROPOSED CUTS TO BIG NOISE FUNDING.**

**WE MADE OUR VOICE HEARD AND AFFECTED CHANGES SUCCESSFULLY.**

**BIG NOISE HAS HELPED US REACH OUR POTENTIAL AND WE WANT IT TO CONTINUE HELPING FUTURE GENERATIONS.**

**BUT WE WON’T STOP HERE. THIS IS JUST THE BEGINNING.**
Stirling is a beautiful city but there aren’t many things to do which interest young people.

We want to redesign Stirling Shopping Mall. Here’s how we’ll do it:

1. We will make sure that young people’s favourite shops (which they usually have to travel to Glasgow for) are in the mall. This 100% gets people in the building.

2. We will create a hangout space/centre on the second floor. Our reasoning is that we want to create a pull factor, not a push factor. This all-inclusive space will bring people in for practical reasons, and then they might stumble across the arts, sports, music or expression in a casual way.

   We know lots of talented young bands who struggle to find affordable places to gig in.

   We know lots of young people who struggle to find stuff to do.

   This space is the solution.

Win-win.

This space is also used as a social area for young people to connect with each other. Not every single person is in to music and that’s okay, but having this Shopping Mall might mean they find their way to express themselves and let off steam.
WE ARE A POSITIVE YOUTH VOICE IN THE ARTS.

AT THE MOMENT, THERE ARE BARRIERS PREVENTING EQUAL ACCESS TO THE ARTS. HOWEVER, WE ARE COMMITTED TO INCLUSION, REGARDLESS OF CLASS, GENDER, ETHNICITY, SEXUALITY OR ANY OTHER FACTOR.

WE ARE COMMITTED TO CHANGING THE ARTS FROM SOMETHING SEEN AS INACCESSIBLE TO A FORM THAT IS AVAILABLE TO EVERYONE.

WE BELIEVE THAT THE ARTS CAN PROVIDE CONFIDENCE IN IMPROVING PEOPLE’S WELLBEING.

THIS IS POWERFUL BECAUSE THE ARTS CAN OPEN THE EYES OF SOCIETY, WHICH WILL HELP BREAK DOWN THE STIGMAS ASSOCIATED WITH TALKING ABOUT ISSUES, BOTH WITHIN THE INDIVIDUAL AND COMMUNALLY.

ARTS CAN BE A VEHICLE TO HELP INDUCE THIS CHANGE.

WE WILL ALWAYS BE PASSIONATE AND STAND UP FOR WHAT WE BELIEVE IN.

ENACTING CHANGE IS POSSIBLE RIGHT DOWN TO THE SMALLEST SCALE.

WE STRIVE FOR EQUALITY IN ALL ART FORMS BY SHARING EXPERIENCE AND KNOWLEDGE ABOUT DIFFERENT GENRES, FOR EXAMPLE CLASSICAL MUSIC AND TRAP.

WE AIM TO CONTINUALLY REFLECT ON THESE IDEAS AND COMMUNICATE THEM IN ORDER TO CREATE AN EXCHANGE OF IDEAS WITH OTHER PEOPLE.

IN THE FUTURE, WE WANT THE ARTS TO BE WIDELY AVAILABLE AND USED TO HELP PEOPLE MOVE TOWARDS BETTERING THEIR WELLBEING.

WE HOPE THAT YOU WILL ENGAGE WITH US AND JOIN OUR MOVEMENT TOWARDS A MORE DIVERSE AND ARTISTIC FUTURE!
We want the arts to be widely available and used to help people move towards bettering their wellbeing.

These are our ideas...

**REACH OUT/ BREATHE**

**Dream**

A pop-up radio podcast, broadcasting 24/7 from different places around the UK.

Local DJ’s play a variety of music from a variety of genres, creating an inclusive platform.

We would run regular polls for guests, so we can listen to and share what they want and adapt according to our listeners.

**Build**

We would raise awareness through a charity event for the radio station, from which we would gather feedback.

Following this event, we would start a crowdfunding page, and reach out to celebrity endorsers, such as James Kent of ‘Chopin Saved My Life’. As more celebrities become interested, we would hope to acquire speakers for the radio station.

We would conduct social research to assess the impact of the station.

**M.A.D. FEST**

M.A.D.: music, arts, drama. A free, IRL event, which happens live and offline, focused on face-to-face, non-verbal connections, based on shared experiences and collectivism.

**Dream**

The event will be fully accessible for people of all physical abilities. All forms of involvement and participation are welcome, to empower everyone and engender curiosity.

The event would take place in schools, supermarkets, public spaces and squares, such as Covent Garden. We would engage with local communities to excite their interest.

Multi-art forms, both visual and non-visual, aural and silent, would be celebrated equally.

We would invite guest speakers, who would also publicise the event. We would hope to make connections with individuals such as Nigel Kennedy, Sheku Kanneh-Mason and Nicola Benedetti.

**Build**

We would hope to hold this event in the summer months, creating and showcasing work live.

We would endeavor to acquire Arts Council funding for the festival.

We would talk to local councils to secure planning permission for the event, which we would programme over three days.

We would talk to charities and specialist organisations about the event, such as Quilter Cheviot, Leverhulme and Round Table, and learn how to apply to register as a charity.

If we registered as a charity, banks would be obliged to sponsor us, and act as our financial partners.

We hope that the event will grow as it garners respect.

We would aim to cultivate partnerships with established arts platforms, such as Radio 3, Radio 1Xtra and Classic FM.

**TUNING IN / TUNING ON / TUNING OFF**

A social media platform, a website or a blog, showcasing multiple art forms.

**Dream**

This is a safe and open space for people to discuss their well-being through sharing art.

**Build**

This page is youth-led, run by us, Tuning into Change.

We talk in an informal, honest way, sharing art we are passionate about and discussing how it has positively affected our lives.

It ranges from light-hearted to serious, funny, empathetic and full of memes, live videos, music, art, and collaboration opportunities.

The aesthetic is collaborative and looks cool and distinctive.

The page is updated regularly by those in Tuning into Change, and has content from people internationally.

The platform is a living version of our manifesto.

**Critiques**

We discussed the possible mitigating factors which may make it difficult to make our ideas happen. Many of the concerns were to do with finances. How would we pay creatives, how would we successfully apply for funding, how would we go from getting the projects on their feet to keeping them running successfully? We thought that celebrity support would be an effective way of gaining financial backing, however this is hard to enact practically. We also discussed how these ideas would be led, and by whom, and where in the country? Those with resources are rarely young creatives, and resources are not distributed fairly across the regions. We believe that making access to the arts fairer to begin with will enable such ideas to become reality with greater ease.
WE BELIEVE THAT A MUSICIAN IS AN ATHLETE, MATHEMATICIAN AND MOST IMPORTANTLY, AN ARTIST.

WE BELIEVE THERE IS NO SUCH THING AS AN ‘UNMUSICAL’ PERSON AND WE CAN USE THIS COMMON CHARACTERISTIC TO JOIN TOGETHER IN COMMUNITIES.

We know music has many benefits such as:

FREEDOM OF EXPRESSION
POSITIVE IMPACT ON MENTAL HEALTH AND WELLBEING
SOCIAL ASPECTS- THERE IS A COMMON GOAL AND SENSE OF COMMUNITY

THIS MAKES MUSIC WORTH INVESTMENT FROM THE GOVERNMENT, ESPECIALLY AS THERE ARE NOW HUGE STAINS ON MENTAL HEALTH SERVICES.

We want to overcome the barriers and boundaries in music including:

FINANCIAL LIMITATIONS
ACCESS AND LOCATION
LACK OF DIVERSITY

MUSIC PROVIDES OPPORTUNITIES AND EVERYONE SHOULD BE SUPPORTED THROUGHOUT THEIR MUSICAL DEVELOPMENT.
The purpose of our idea is to make teaching music simple and fun. This shows anyone can be a musician, anywhere.

We hope these sessions will be practical, rewarding and ultimately prove that everyone is a musician.

**WHEN WE TRIED IT OUT...**

**Stationery instrument ideas:**
- highlighters on a table
- paperclips in a cup
- glasses of water
- clicking pens
- crushing plastic cups
- calculator buttons
- voice
- ruler on edge of table

**OUR BIG IDEA:**
We propose designing a workshop format which can be sent to school and community groups. The workshops use everyday items i.e. stationery to make music culminating in a performance.

We would create the hashtag #stationerysounds in order to raise awareness of the project and share ideas.
WE BELIEVE THAT BEFORE WE CAN GET SOMEONE TO HEAR US, WE MUST LISTEN TO THEM BECAUSE UNDERSTANDING ALL SIDES WILL HELP DEVELOP IDEAS THAT INTEGRATE DIFFERING PERSPECTIVES.

IN ORDER TO UTILIZE THE UNIQUE VIEWPOINTS THAT ARE PRESENT, WE MUST SET ASIDE PRECONCEIVED NOTIONS AND ALLOW OTHERS TO SPEAK BEFORE US.

IF WE ACHIEVE THIS, WE CAN CREATE A CHANGE GREATER THAN ANY ONE INDIVIDUAL.
WHO:
People who find it hard to listen to each other.

WHY:
Hearing is nothing, listening is everything. In order to be understood, one must first empathise with another.

HOW:
1. VR goggles that change people’s perception.
2. You can’t judge without knowing - A simulation that gives people the chance to experience potential legislative changes before they occur.
3. A world conference, made up of 3 parts:
   1. Community level conversations - kids talking about problems they encounter.
   2. Conference - bringing people together globally to share and discuss opposing sides of differing subjects.
   3. A community movie - that tells the story of different perspectives.
Your dreamers, builders, critics process.

<table>
<thead>
<tr>
<th>Dream</th>
<th>Activate your idea with:</th>
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<tbody>
<tr>
<td></td>
<td>£1,000,000</td>
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<tr>
<td>Build</td>
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<td>Critic</td>
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Our dream is to change the world. Our starting point was visualising the world as we’d like it to be – our utopias.

Then we asked what it would take to make the impossible real.

In this chapter you’ll find our shared manifesto for change. What we together as 42 young artists from 5 locations would like to achieve.

Plus, we’ve set a series of ‘asks’ for people with influence and people we admire so they can help us on this journey.
Imagine you are starting a totally new society from scratch – would it have a leader?
– what roles would you assign?
– what are the rules & laws of the land?
– What role would music or the arts play?
Would the society have a motto/slogan?

Raploch: Art is everywhere, it is not specifically one thing. This utopia is about nature, harmony and people coming together to make their own art and culture. We also included technology, which doesn’t overpower life but develops life.
London: We created this conception of 'utopia' by making a collage that also contained our own notes and drawings. This utopia focuses on the ideas of sustainability, environmentalism, peace and a complete freedom of artistic expression.
Imagine you are starting a totally new society from scratch.

- Would it have a leader?
- What roles would you assign?
- What are the rules & laws of the land?
- What role would music or the arts play?

Would the society have a motto/slogan?

Now create it.

How does this differ from the world we live in currently?

What do these differences tell you about what you’d like to change in society?
Okay, we’ve got to the big wide world stage. Let’s take a moment to break down the change we want to make...

LET’S BRIDGE THIS GAP BETWEEN IMAGINATION & REALITY

<table>
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<th>OVER TO YOU</th>
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<tbody>
<tr>
<td>WHO?</td>
</tr>
<tr>
<td>are we trying to effect?</td>
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</table>
OVER TO YOU

TUNING INTO CHANGE
MANIFESTO

I BELIEVE [THAT/IN]

I AM COMMITTED TO // I WON’T REST UNTIL

I AM PROOF THAT

I WILL ALWAYS

A CHANGE IS IMPERATIVE BECAUSE

I WILL NEVER

THINGS NEED TO CHANGE

BUT I CAN’T DO THIS ALONE. // I WANT YOU TO JOIN ME

AT THE MOMENT,

YOU NEED TO JOIN THE MOVEMENT BECAUSE

PUNCHY CLOSING STATEMENT // CALL TO ARMS // QUESTION TO YOUR READER
WE ARE TUNING INTO CHANGE.
WE WILL BE ADVOCATES FOR THE POSITIVE NATURE OF THE ARTS.
WE WILL EXPRESS OUR PASSION FOR THE ARTS AND BE OPEN TO NEW IDEAS, OPINIONS AND SUGGESTIONS.
WE WILL NOT GIVE UP OUR VOICE. WE WILL NOT PUT UP BARRIERS TO PUT THE VOICES OF OTHERS DOWN BY EXCLUDING THEM. WE WILL LEAD THE WAY FOR A COHERENT MOVEMENT.
WE ARE COMMITTED TO UTILIZING OUR COLLECTIVE EMOTIONAL INTELLIGENCE, IN ORDER TO ENSURE WE ARE AS INCLUSIVE AS POSSIBLE.

THINGS NEED TO CHANGE, OTHERWISE PEOPLE ARE AT RISK OF BEING DIVIDED AND DISCONNECTED. THEY’LL BE DEPRIVED OF EXPRESSING THEIR TRUE SELVES AND DISCOVERING HIDDEN PASSIONS, THAT COULD ULTIMATELY LEAD TO SOMETHING REVOLUTIONARY.

THIS CHANGE IS IMPERATIVE BECAUSE IT WILL BREAK DOWN BARRIERS TO INCLUSION, SO THAT THERE IS AN EXPRESSIVE SPACE FOR ALL GROUPS IN SOCIETY. THIS CHANGE WILL AFFECT PEOPLE ACROSS AGE GROUPS, SOCIAL AND ECONOMIC BACKGROUNDS. ITS IMPACT WILL BE FELT ACROSS THE GLOBE.

WE’RE PROOF THAT, REGARDLESS OF OUR AGE, WE AS YOUNG PEOPLE ARE JUST AS CAPABLE OF GENERATING AND EXECUTING IDEAS TO CHANGE THE WORLD!

THE ARTISTIC LANDSCAPE MAY SEEM UNCERTAIN, BUT WE MUST ACKNOWLEDGE THAT THERE IS ALWAYS A FUTURE BEYOND THE HORIZON.

THE POWER TO CHANGE THIS FUTURE IS IN OUR HANDS, BUT WITHOUT COLLABORATION AND THOUGHT, WE ARE POWERLESS.

YOU NEED TO JOIN THE MOVEMENT BECAUSE TOGETHER WE CAN CREATE A CHANGE GREATER THAN ANY ONE INDIVIDUAL.
1. WORLD LEADERS
the ask: share the book with people that can make a positive impact on the arts.
the ask: listen, just listen, to other people’s beliefs.

2. YOUNG PEOPLE’S EDUCATION INSTITUTIONS
the ask: apply this type of thinking (Tuning into Change) to your courses to increase youth engagement.

4. ARTS LEADERS
the ask: offer opportunities within the arts world to people who have had no prior experience in it. they should be the priority.

5. THE GOVERNMENT
the ask: donate more funding to arts programmes, and don’t cut funding to the ones that already exist, please.
the ask: introduce free music lessons in schools for everyone age 18 and under by the year 2020.

6. TEACHERS
the ask: spend 30 mins this week doing an art of any kind. don’t constrain yourself with just traditional art forms. share ideas with other teachers.

7. LIBRARIES AND COURSES
the ask: keep a copy of this book in your space for people to read at their own leisure.

8. POLITICIANS
the ask: award every creative initiative formed of a group of five or more people a £1000 stipend.

10. THE ASK
the ask pt 2: make the arts a fundamental part of the classroom and curriculum.
the ask pt 3: take the pressure off grades/targets in education and instead focus on wellbeing and creativity.

11. ARTISTS, MUSICIANS AND THE GENERAL PUBLIC
the ask: go on your music app, and type in “classical music.” Listen to the first piece that comes up.
the ask pt 2: email the organisations in this manifesto, to let them know how you used it to inform your work, please.
the ask pt 3: promote the manifesto to others on social media.

12. YOUNG PEOPLE
the ask: keep on perfecting your talent and talk to other young people about it. teach them, share what you love and generate ideas. Believe in yourself.

13. POLITICAL, CREATIVE OR ARTS JOURNALISTS
the ask: write one article every month encouraging and promoting a young artist, starting today.

14. MALALA YOUSAFZAI
the ask: we’d love to collaborate ;)

OVER TO YOU

YOUR ASK
STUFF WE THINK YOU SHOULD CHECK OUT

#INSPo

**ARTISTS**
- Basquiat
- Andy Warhol
- Frida Kahlo
- Gustav Klimt

**MUSICIANS**
- Pentatonix
- Eminem
- David Bowie
- Celtic Woman Music Ensemble
- Jeff Buckley
- Kali Uchis
- Morrissey
- Tyler the Creator
- Syd Arthur
- Rex Orange County
- Mon Laferte
- Postmodern Jukebox

**PIECES OF MUSIC**
- Dvorak’s Ninth Symphony
- Exposure – Esperanza Spalding
- Dvorak’s American Quartet – Emerson String Quartet
- The Way – Khalid and Swae Lee
- Redemption – Zacari
- Real Estate – Atlas
- Satyagraha – Philip Glass
- Exposure – Esperanza Spalding
- Pregnant with Success – Jungle Pussy
- Scheherazade – Rimsky Korsakov
- Daphnis Et Chloe – Ravel
- The American Quartet – Dvorak
- 9th Symphony – Mahler
- Fallen Brother – Kreator (performed at Bloodstock Festival in Germany)

**ALBUMS**
- Hot Fuss – the Killers
- Isolation – Kali Uchis
- Stoney – Post Malone
- Melodrama – Lorde
- Tommy – The Who
- Dunkirk: Original Motion Picture Soundtrack
- Selling England by the Pound – Genesis
- DAMN – Kendrick Lamar
- Black Star – David Bowie

**FILMS**
- My name is Khan
- What Happened, Miss Simone?
- The Life of Pi

**TV SHOWS**
- The Wire
- Peaky Blinders
- Celebrity Big Brother 2018
- Ackley Bridge
- The Office (U.S)
- Chopin Saved My Life

**BOOKS**
- Hermann Hesse: Enlightenment and Conditioning (Siddhartha book)

**PLAYS**
- Hamilton: An American Musical
- Wicked the Musical
- West Side Story

**INSPIRATIONAL PEOPLE**
- Barack Obama
- Malala Yousafzai
- Maya Angelou
- Gustavo Dudamel
- Frida Kahlo
- Dolores Huerta
- Cesar Chavez
- Martin Luther King Jr.
- Malcolm X

**MISCELLANEOUS**
- Soul of a Nation (exhibition)
- Stuff you should know (podcast)
- Dwell.com (website)
- Creators.Vice.com (website)
- Guernica (art piece by Pablo Picasso)
- Sierpinski triangle (naturally occurring shapes in nature)
- Carol Dweck’s Theory of Social Reconstruction
- Adam Neely exploring dissonance in naturally occurring sounds (YouTube video)
ACKNOWLEDGEMENTS/BIG UPS

This small page is our huge acknowledgement to everyone who made this manifesto happen, projects like these take so many people, so here's our list.

All the staff who have had the many roles of project managers, chaperones, time keepers, register takers and travel bookers at the following organisations, you know who you are:
- LA Phil's Youth Orchestra Los Angeles (YOLA)
- National Youth Orchestra of Great Britain
- Big Noise, Sistema Scotland
- Sage Gateshead
- Barbican Guildhall Creative Learning

We are very grateful to the generous supporters of the Barbican Guildhall Creative Learning programme. To find out how you can support inspiring projects like this, visit barbican.org.uk/supportus

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A huge thanks to B+A who had the amazing idea to create a book in such a short time frame, made it happen, but were so committed and creative.

To Dan, Pier Studio, who designed the book with the young people, but did it in two days, it's amazing.

To the NYO Inspire Day Orchestra and YOLA musicians who performed on the Barbican stage at the launch of the book with Gustavo Dudamel. The music you all create is amazing.

To the young artists who committed so much to creating this book. You all brought an open mind, so many relevant issues and showed us what collaboration is all about.

And to all the communities and readers of the book out there who create change and make our society a better place to live, wherever that may be… this book is for you.

Images © Camilla Greenwell & Gar Powell-Evans.

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