How to Witness the World with a Distance

Barbican Young Poets 2013–14

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The Barbican Young Poets featured within this anthology are a central part of our now established community of young artists here at the Barbican and Guildhall School of Music & Drama; their inspirational work continually feeds into our vision for world class arts and learning.

We are grateful to the young poets for their sustained commitment to the programme, and for the wonderful poetry and spoken word that they have created over the last six months. They made a fantastic impact through their cross arts interaction with UVA's Momentum, currently in the Curve, responding to the installation and performing inside the gallery during our Barbican Weekender: We Create. The poets also continued to inspire others to write and perform, setting up a writing studio and audio booth at the Curve exit, where they encouraged people to write and record their own responses to the exhibition. Their presence was also felt at Dialogue, a major annual Creative Learning project, where current and alumni poets worked with participating community-based groups and performed as part of the final event in the Guildhall School's brand new Milton Court building.

Coming up we have Snapshot Songs, which will see seven poets working in collaboration with composer Stuart Hancock on a new song cycle – generously commissioned by the SHM Foundation – to write and perform poems that will provide a thread linking the various songs together. As if that wasn't enough to be getting on with, the poets have also been involved with the extraordinary collaboration At Sixes and Sevens, creating and performing with musicians and poets from Derry-Londonderry in Northern Ireland. What a year!

On behalf of all of the participating poets and Creative Learning staff involved in delivering the programme, I would like to thank Jacob Sam-La Rose and Kayo Chingonyi for their commitment and dedication to each of the poets, and for continuing to support them with their ongoing development as young artists.

It is ever a delight to work with such a talented group of young people; we hope you find the same enjoyment in reading the work collected here in their anthology.

Sean Gregory

Director of Creative Learning Barbican and Guildhall School of Music & Drama In 2009, I was searching for a new home for the work I was doing to build a community of young poets, a community that would be focused on an appreciation of both the craft of writing and the performance of poetry. I approached the Barbican – I'd worked on Barbican projects in the past, and I was inspired by the way the Creative Learning department invested in young people with a genuine sense of care and faith in the quality of work that young and emerging creatives could produce.

Fast forward to present day, and I find myself poring over another of our annual anthologies, celebrating the continued successes of the programme we started five years ago. As a project, we've grown in size, and we've diversified. We continue to maintain a balance of fresh blood and longer-serving members of the community in our intake, but we're also doing more for the extended family of poets who can no longer participate in the core programme. This year, I'm proud to be able to welcome Kayo Chingonyi to the teaching team as my assistant tutor – a celebrated young poet in his own right, he joins a lengthening line of poets who've shared the load of leading the programme with me, a line which includes poets and educators such as Miriam Nash, Dorothy Fryd and Jasmine Cooray.

The stakes are higher. Our poets are studying at Oxford and Cambridge, managing and programming their own events in southeast London venues and beyond, launching their own publishing companies, collaborating with national and international partners, but the centre – the core of our effort – remains: each of the poets you read in this anthology is invested in being the strongest poet he or she can be, and true to his or her own particular vision. That investment is one of the many things that makes this programme such a joy to work with.

As always, many thanks must be extended to the Barbican for their sustained support of the Barbican Young Poets project, and particularly to Lauren Monaghan-Pisano, who doesn't just serve as a tireless liaison or administrative staff member, but is truly a part of the community we've created.

Jacob Sam-La Rose Barbican Young Poets **Introductions**



Coconut Crab, Mia Anima

My patronus? I'd like a giant squid, which you tell me is entirely unsuitable, which is gratifying. My sister in a kindly moment said my daemon might well be an owl. & if I murdered someone & was saddled with an inescapable familiar I've got no clue what it would be. A chimpanzee? A shrew? A kitten-eating crab? (They're real; look it up.) My soul is in my pocket, hums against my leg because you love me or because it's raining and my sister's asking for a lift. I take it out & hold it in my hand, go back to doing whatever thing I had been doing, probably, mia anima, my life, my soul.

Canute Goes to the Seaside

I'll be a fossil, an ossified footnote, a flash-frozen shadow, building a castle or knocking it down, it doesn't matter which because I'll be a fact, part of the record. They'll say indisputably I was a man who got his feet wet, one way or the other; they'll say I dabbled in the tide.

One way or the other, they'll say I dabbled in the tide; they'll say indisputably I was a man who got his feet wet because I'll be a fact; part of the record, building a castle or knocking it down, it doesn't matter which. I'll be a fossil. An ossified footnote. A flash-frozen shadow.

Redwood

My mother has always been a tall tree in a long storm, stripped of leaves but there the next morning. Roots pushing up pavement, branches curved around the sun.

She says every time the world ends she spends weeks trapped in curved glass. The buildings bend with the sky, the sidewalk ripples, there are no straight lines.

Morning coffee pours like fresh cement.

The first time was when grandpa died. Nineteen seventy something. Nothing ever quite realigned.

Sometimes she talks about it like it happened in another life and she only catches flashes of it in her dreams.

Other times someone goes past in the car he used to drive and I can see her breathing in forty year old cigarette smoke.

The last time was over ten years ago. The sky was falling.

She says she ran so hard she forgot to breathe, but I can still see flecks of metal in the air when she coughs, an imperceptibly small cloud of ash when she throws herself onto the couch too fast. I know she hears a hundred floors collapsing one by one every time I forget to quietly close the door.

I know she is always waiting for the world to end but now she sends us photos of the sun setting. She wants us to learn to let things go. A tall tree in a long storm, now leaves grow.



Where charred minds go, where tired eyes rest,

where our stanch offerings are seen, sung like ancient songs;

more than vermillion Sindoor or bruised, fragrant flowers in silver offering bowls.

Between the purple heather of a wet moorland, in the silver bowls of the north,

the deep tarns and lochs of slow, earthly strength, that smith the mountain starlight of the north

and hum through bones and ore. The unbeliever's sacred form,

slow moving structure and blessing, like rain.

paint-stripped doors like lotus flowers

with soft scent of naked timbers

their bodies aligned with the planes of the floors

balanced perfectly zen on their hinges

the stars on the screensaver spangle and shower_____

over us as we lie on the soft bed

our bodies aligned with the planes of the floors

Toiling

I woke up to the groan of unwitting athletes labouring on that unsympathetic dawn treadmill.

Sticky tarmac heat collapsed in the back of balloon lungs,

while rattling engines chauffeured pollution, in first class, to the capital's fast paced heart.

Time and money were workaholics who never requested a day off

I almost felt bad for burying myself in quilts and marshmallow pillows

with a half open eye surveying the naked morning frost

I watched dewdrops envelope each other at the corner of the window

Sun-scorched headfirst sprint into some midday salvation, combined into a ballet suite of Tchaikovsky which began and ended in seconds.

I realised that all work is noble in spite of its magnitude

and nudged the bones in your wrist from under the covers

whispered to an imaginary devil, that binges on life's abundant chores My lips enrobed by your fingers 'His idle hands will always be my work' and never yours.



A dim limb of a light bulb dangles from the ceiling, your circuit-board hands trace the 40 watt demise of a nearby fruit fly, burning on the wall.

Its shadow is sap, I eavesdrop on your breathing and listen for death.





Bend Sinister

And that's where I came in: the initial switcharoo, transplanting coal for teddy in the sleeping boy's arms, then a whole circus of tricks. I had to learn quickly; how to diffuse daddy in the phone with a click, the daily pick-up, edicts to counter intuition like 'titles aren't in blood but earned' and all those doing words like 'fathering' that you don't hear much - a frisbee's deft trick of itself. We'd got away to Sutton-on-Sea, and here, disc in hand, I transfigured; would whip the air like cream, lay an eclipse across the loungers. The kid would lift the lid on my secrets, but hock it, and it would skid off the axis, capsize and freewheel to the sand. I knew better, caressed it, knew its tilt and loll, its reluctance to rush and slid it lush onto a crest of air, traced its lazing zip-line trajectory until I got so good that I could ram it chin up into the sun and have it hurtle back to my open palm. Once I had learned the reverse fling I could dive, predict its physic, pluck it ripe from its course with a snappy puppet hand and loose it back before I hit the sand. I returned to my brother an Olympian, and taught him all I knew about the counter-intuition and this art of letting go.

Living Alone: An Experiment

Lonely the loquacious rain; lonely springloaded; lonely faking a yawn and curling

its arm around you. Lonely in the morning trying to put socks on toes with loose nails.

The fridge-raider, lonely. Lonely overthinks it; lonely the pickpocket in

fingerless gloves, a lovely hand on your leg. Lonely forgetting to call lonely back.

Lonely ticking friendship on dating sites and meaning it; lonely assiduously

taking notes. Lonely at the party, mind kept running outside, driver screaming

'go!'; the front-page splash, mics pistoling you on your doorstep, begging for a quote. Lonely

the cut-out sprung in a house of horrors as a prank. Lonely smashing its head

over and over into a mirror in its last-ditch attempt to vanish.

Letters

Dear Agony, small hummingbird, you must not understand; do not drape your hide over my cold body.

Dear Agony, I cannot help but glance along your collarbone, the nape of your neck, O Ecstasy.

Dear Agony, there is a ghost; he takes his names each day from my self-loathing: curdle his sweet pity.

Dear Agony, he must not waste his time on me, for he begins to mold lungs for me to breathe and see.

Dear Agony, does a universe exist where our clammy hands brush together? Non, petite chérie.

Dear Agony, are you a dumb, blunt instrument? No; I am your asylum, a rope in purgatory.

Agony, do not abandon me: l cannot swim his depths without your company.

Form: Haikuplets

The structure of every stanza in a swarm of haikuplets:

Line 1: a 4-syllable line, which will repeat at the beginning of each subsequent stanza in the poem except the last. Lines 2-4: a haiku (7 syllables/5 syllables/7 syllables and a 'turn' or 'kireji'). Line 5: a 4-syllable line which rhymes with the repeating refrain at the beginning of the stanza, but which changes in each stanza.

So, in effect, each stanza is a couplet embracing a haiku, except the poem's conclusion.

Night and Day in the Midwest

My mother boils tomatoes in a saucepan. The heat seeps into their skins and she eases them off like shells or fishscales, peeling them away in ribbons. She reminds me

of the boiling city, sun focused on tall buildings with glass windows scraped right down to the sky's blue quick. We wandered through people's heads

as they sprouted all kinds of colours: we watched some with vines wriggling down their necks, berries drooping over their eyes; hipsters

flocking together in a purple daze to polaroid their evening in snaps of grainy sunshine and lie down stoned on the freeway

as if it were grass. And we stood still on the Great Lake Michigan; the boiling salamander's back twisted and basked in the warmth,

curling its head up towards whatever heaven it heard singing in Chicago's bronze bones, in its concrete feet and glass eyes.

Further back in the city's brain, in its subconscious, on its suburban outskirts where the land grows flatter and the air gets thin, smooth tarmac slurs

the soles of invisible people. Funny how houses can reek dead from the inside and still have cars in the driveway. Slats of weatherboarding

lean over each other to spy on the neighbours and every | gable | gable | gable | cut from black butter gnaws at chewy brick-lined teeth

worn red with boredom. Overbearing streetlamps fling wide their glaring sheen on children's heads to protect

against starlight, houses with their backs against the night, boiled sweets sucked to bald gleaming eggs, a row of knuckles cowering behind the sidewalk.

But their suburban skins will give themselves up to my hands, they will peel and bloom greasy and sweet in the pan's dark well.

Mothers know these things and daughters learn them.

Are We?

You were never my everything But we will carry on Exploding through life with nothing but each other in our eyes, Blind to collateral damage. We were two Western governments smelling oil, Two oppressed Arabs tasting heaven. That day we first collided we were Willing to give up anything for each other. Now are we?

Now are we

Willing to give up anything for each other? That day we first collided we were Two oppressed Arabs tasting heaven, We were two Western governments smelling oil Blind to collateral damage, Exploding through life with nothing but each other in our eyes. But we will carry on. You were never my everything.

The Blue

This city greets me with a grey smile I dream of being where the blue is Where polyester kites fly above corrugated roofs Where sunlight glints off an elephant's bathing spot Where the salmonella ice cream is cool but the weather hot Where the children laugh in a language only my soul understands She sits alone But one of them A Bollywood actress being brought up by wolves She remains subtly majestic despite her dogged tiredness Her face is pink at the edges Her smile weary Though uncompromised Her eyes teary Just from staying open for so long But she refuses to miss a second of this So she keeps blinking to a minimum Children the colour of cinnamon who smell like poverty and dust Have taught this nutmeg girl how to smile Meanwhile I sit in a grey classroom in a grey country hoping she returns soon But for now She tames wolves Whilst I howl to the moon



James Coghill

IP6 9PS

Blue murmur, birdsong at 4 in the morning:

l swear

it was no Blackbird, but the Oriole I'd always dreamt of.

To a Station of the Overground

It was not the faces I noticed at first, running through the scene bodiless as thoughts, but the whole broken gloss rat-run of its botched concrete sides the tumbling greens of Buddleja and mosses plump, wet jewels of Hart's Tongue Ferns lapping the rain spilt off the ruddy brows of bricks, off the thunder-strip of roads orbiting just above here, buzzing the world into one vast, grey drawl.

Distracted, I strolled the tunnel of my senses from place to place from the score of this blinded, urban shape to Cornish grottos where the rock brims with eyes: a vertebral granite blanketed in algal shades, spilling onwards, out from the past, over time's soft scarp, drenching this station in farflung sensations to the point nostalgia plugs my ears, train-sound dying to a trickle.

Meant to Be

I was making conversation. You said it was intimidating. It was meant to be. We didn't have much in common. You'd all arrived far too drunk for proper introductions, and pretty soon they didn't seem worth bothering with.

I was making tequila slammers. You said it was impressive. It was meant to be. We didn't have much to say. You'd all arrived together, but the others left long before you. They didn't see a reason to stay past the last song.

I thought it was fun. You thought it was meant to be.

Sibling Rivalry

My brother was born on a blue beanbag on the living room floor. I lay oblivious in my parents' bed and in the morning he seemed swaddled in the black and red curtains. Three weeks later, I threw a two litre bottle of pop across the same living room That was my first attempt to get rid of him.

My second attempt involved scrawling his name in chalk across the upstairs hallway. Yellow calligraphy as high as my head spelling out the unnecessary presence. I was foiled by his not yet being able to hold a pencil.

Having failed with cunning, I returned to brute force, let him smash his head in a revolving door and didn't make a concerned face quite quickly enough. As my father carried him concussed through our grey front door, I realised perhaps he was a permanent fixture.

Later, he decorated

the television set with oil paints and pushed wax crayons into the gas fire. He blamed it on me, but I couldn't be angry because by then,

I was ready to kill anybody who tried to hurt him.

Emily Harrison

I Can't Sleep 'Cause My Bed's on Fire

I turn to a nurse and say 'If there's one place you can't be embarrassed about your dance moves, it's in a psych ward.'

I had joked earlier, sat down plastic next to Danny. 'What you get?' 'Double vodka coke.'

We find courage thumbing the ridges of the vending machine cup.

Tonight - Friday night - is a game of musical paper plates.

It's much harder to drag someone up to the dance floor without physical contact but slowly others join us as if someone held up a huge cardboard sign telling them they were allowed to.

Danny, arm in sling, does his best to show off and to me it looks like the first time he has ever danced.

I watch from the fence, his pupils sink to plastic, as if wishing hard enough could turn water into wine.

T-Cut

He smiles like he needs two front teeth; barely speaks. I spend my childhood talking for him, inherit his rod-straight spine and an ability to never let sympathy leak into empathy.

We were sat in the car the first time, his white Mondeo R reg., he said that sometimes the headaches are so painful it's like a frontal lobe chainsaw.

That summer insomnia cut off his middle finger with the lawn mower.

One day he gets out of the shower and complains about the wet dog smell and the postman won't come to the front door.

We are told to watch out for cling-film eyes, a crimson ring around the bathtub and if he starts Bible quotes we know the number to ring.

He dances like his shins are being bitten.

Three years later I am home for the summer. An accident at the factory leaves him scarred.

We have a bonding session.

We say things that sound like they could be said to anybody but when I mention those bastard headaches his stare sets like when credits roll without him noticing.

He's cleaned the same spot on the car 15 times already. I'm waiting for the colour to rub off.



The Accident

A new form – every sentence starts with 'tell me;' stanza length decreases by one line each time.

Tell me I'm a bird, half-drunk off plane fumes and lack of oxygen, flying figures of eight above messy houses which smear across my vision like dirt on a window,

or a speaker pulsing out heartbeats in a nightclub that stinks of detergent and roses. People bounce by like disco balls.

Tell me I'm bread that didn't rise. Fat chefs in white blow bubbles into me with old-fashioned straws until I swell like a secret.

Tell me I'm rain that runs along seams in the street, catching grit and the last afternoon light.

Tell me l'm a caterpillar. When the bandages come off, l'll have wings.

Tell me you're sorry, and hold my hand.

Thank You Letter

I'll leave before the garbage man comes and the day dries and solidifies, like amber. Your floorboards and family portraits stay silent, but my child's backpack will smack a light or hollow vase, and you'll wake up anyway. We'll hug like strangers at a funeral, careful not to upstage the moment with a smile or unscripted joke.

There are always cold bagels and kisses goodbye; two for the Spanish, four for the French, none if you are Japanese or still crying. There will be makeup on your hair and hands which will stain my shirt and l'Il tell you I don't mind. You'll turn away before the door closes.

Behind me the house will shrink like a lung as I pick my way through the potted plants your grandmother gets you every Christmas. I'll trip on a knot of tulips. Later bruises will develop, like pictures from a negative.

Sometimes you'll check if I've left anything, but I've learnt to slip my phone into my front pocket and blow my smell out an open window, so the room is empty as if someone turned off an old projection and stopped pretending it was a ghost.

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Lost Generation

A generation tweeting in letter limits, capitals and melancholy. Hearts aren't born subjective, but expression gets reflected, connected and misread it is, that we're all saying YOLO then going SOLO...

We've stopped being guerrilla artists and tuned into guerrilla by Bruno Mars, it's - if home is where the heart is, then we're all home sick wanting X Factor stardom. Russell Brand's call for revolution got us all sharing that video quick,

But I can't find the actions? Who's using megaphones on street ends making change happen?

And it's all recent, who can sleep in this bedroom tax these days that's grabbing Lambeth and Poverty deeper into tired struggles, we inhale the fail of sales, and let our hearts end up in jail And we can't breathe it all out in a city of lost lighters, I mean a city of lost hope.

Writing on the flood lines, I didn't come dressed up to resist pop icons lost their young rebellion To a life style glittered with all things unloved, desperate and famous.

Memories crammed into Instagram, this generation is the wrecking ball. Now you're the talk of the town, and the silence of yourself, the violence of your wealth I shut my eyes, dream up anything else than this loud silence and this rap dream overused

so I'll just sing along to Lost Generation and all my feelings might be excused.

Dulcet

I leave you amazed, relearning my tongue. On it sits

a coin-small egg, sugar shelled as a Christmas almond.

I make a cave of my mouth to carry it from your house, already dissolving.

Later, I hatch a list of words to clasp between my molars:

kinglet, haruspice, river, blue.

Now, I lay one to each shadow of your body –

river against the weblines of your ribs,

haruspice in the centre-dark of your stomach,

let blue catch and tangle through the heather of your arm-pit,

breathe kinglet along the echo chamber of your neck. They nest there,

small words, live seeds rooting in the heat of your wrist, its soft fire.

Golden Shovel

After Margaret Atwood In the form of Terrance Hayes' eponymous poem

i. 1995

We were drawn by the dark. You always said your Ma would have a fit if she knew the shade of trouble we were into. You always said she would blame me.

To her, you were golden – like a best-loved song, you were a kind of therapy, she loved you hook line and sinker. She was into nothing else. To her, you were an easing of her aching core; the apple of her eye.

She had you leashed to her, a pocket-child. Nights, we'd fish for the moon until she threw her hook, called you home. You'd go before yourself, an already closing body, the momentarily open door already latching behind each eye.

ii. 2013

Heat shimmying though August doors, your r mother in her hospital bed, fitted rubber sheets squeaking as she intones every wrong you ever did her. Me-

atless to her bones, you two are without likeness. No edge left, her voice a thrown scarf ragged at her throat, no hook left to cast. She has stopped eating, is turning into angled shadows. She scents conspiracy. And I always knew about her! We leave. The eye-

let curtains drop. Even at a distance, she swears like a fishwife. Slut! Bitch! Hooker! The sun paces the sky, an animal light, scissoring shut our open lids, sewing tears in your needled eye.





Tokyo

Everyone wonders why I left you. Some even ask. I have an answer prepared: you reeked of scented bleach, I couldn't sleep without pretending I was a prodigy of the digital age who'd wake up in the morning with a glistening chassis and no olfaction. Sounds like the kind of thing you'd be into, too – you'd act normal (you loved being normal) but I could tell that on Saturdays as the Yamanote Line dug an oval through the geography of our brains, you were fantasising about being disinfected, architectural and from 2047. You were fucked up. And painfully new. When I asked about your family and the ancient house they breathe in, you rang the contractor and the house was demolished in seventy-three minutes. Your grandmother left a clean imprint in the concrete. 'Now we don't have to worry about in-law politics,' you said and proposed to me with a bottle of dishwashing liquid. You loved power. You had it for breakfast every morning.

Beijing

Everyone says you're dirtier now that we've broken up. Sometimes I say I'm relieved and other times I find myself searching for your photos, my fingers condensed into an obsessed and blinking cursor. Pixels frosting on the angular lines of your body, I send my hot breaths towards the little white lights: my face glowing, my lungs charring and your laughter resounding in every inch of biotic tissue I carry, what are you doing to yourself this year? Probably smoking up every chimney and car pipe, riding around on electric drills and the earth-shaking revelation of finding Something New. You counted in millions. We were happiest when I pooled cool beer in my throat and you paid for them with counterfeit notes. The bartender beat me and you cried, laughing with your tongue on my bruises. You there, with your dusty hair and browned fingers, rolling me onto the pavement, disrobing both of us to renew our dead-end oaths and bloodlines.

After the Argument

After the argument we went up to the bedroom where the floor had split and birthed a lake. No fish, no stars, but moss in our mouths we sat, still-tide evening between us. Somewhere, a lament. All my words sank like bodies with faces swept blank.



How to Father the Father in Three Minutes

Lines in italics represent lines adapted from Sam Willets' Poem

A visit from mystery takes place. Around twenty two minutes past ten, over a small and thin beech diner table, Dad dies. The room grows and shrinks, never ending winter breaks its promise to mirror my losses, though, through the window, it seems, the downpour does pour one pathetic fallacy away with it . Dad.

My mouth holds one 'oh' for the lost soul; Then the silence explains itself and the bowl below him overflows. A tight-lipped mouth deep with warm noodles and bold expectations is let go, by its only and last 'oh?'

In the deep water of his rocking spoon, flicking soup from side to side , I see his eyes firm up and his body freeze in front of me.

The final limp labors of a boy un-son me, and the shallow drop of man in him, is exposed and slurped, out of his mouth, across the dinner table and up into my mine, through a long noodle; and the same long 'oh'.

So.

No answers now to a son's questions, though who would ask them now is a worthwhile mention. Dad, dead: Mystery takes leave, around ten twenty five,

Ya Hobb (In the Name of Love)

Inspired by a Dhafer Youssef song by the same name

Tonight. Because the bed don't keep me, i will find 115 lines, to fold and greet me. There will be, go-betweens, broken glass, no betweens, for I'm, forever last. check the mean. Bed won't keep me, Rest, won't, sleep me.

Tonight.

Because the death won't reap me. i will find 115 lines to cleanly life me. There will be, go-betweens, broken glass and no betweens, for i'm forever last, yeah Check the mean. Death won't reap me, life, won't, clean, me.

Tonight.

Because the nurse never, and do not wet me, 115 lines will i be drip-drying through IV, will i, gain an immunisation from ? will i, teef some patience from, will i, reap sensations from. Receipts all emblazoned on...

There will be go-betweens, Broken glass, no betweens, for I'm for ever last, Check the means: breasts don't need me, mary, don't, feed, me.

Tonight!

Because the twinkle in my father's eye did not sparkle to fetch me, 115 lines can expect me. Go-betweens, Broken glass, no betweens, forever last, tongue between, the folds of glass, teasing at a my bro ken

Tonight. Because the mirror won't reflect me, 230 lines will inflect me, on me, in me, for me and with me, so between.

First. you have got to believe in a rose tint then, what i tend to do, is shade my eyes with something, a hat perhaps? in this instance, the one that Archie gave me, that, beaten off-grey bucket hat, like the one U-God wears, except, well, his one is black. Then, i tend to naked my white torso, entirely. Toniaht Because if there's no now, then i fake it, Tonight because if somebody else has my now, then i take it, Tonight. 231 lines, 1 for mourning.

Lego People

I build these lives that are more often than not stained and soiled with stuff that bleach can't remove.

There is someone, on this train, who is worried about reaching the destination in one piece

She's newly engaged but she's not sure how to tell her husband.

What will happen when the train stops, and they have to get off?

Single father to the left only does Asda shopping on Wednesday nights because hump day needs some sort of celebration.

Someone is going to fall in love with where they're going because it's not home.

The man with the thick greying beard and smart, tailored suit, was homeless three years ago.

The school girl by the window has too many things dancing through her, stomping into her bones, this journey is her time for solace.

The train will always do what it was made to. It will pick, and drop all the lego people, not always taking them where they want to be, or need to be, but usually finding the lost ones.

I build these lives that are more often than not stained and soiled with stuff that bleach can't remove, knowing that sympathy carves a smile that can stitch someone's day together.



After Masculine by Terrance Hayes

Punching that other guy in the face because he insulted the very cause of your existence, when he uttered those almost life-ending words, 'Your mum'.

And worrying that your little brother is too soft because he is father-less, doesn't like to fight, and a few times in his short history has wanted to paint his nails.

'Be a man.'

But the well of salt-water, in your best-friend's cheeks.

Or hiding your men in the back of closets, beside the straight porn, behind the crisp, stiffened shirts, under the mirror-shined, patent lace-ups and bell-bars.

And using women like sanitary towels; a new one at regular intervals, to catch all the dying inside you, It never quite works.

Loving your mother,

but being afraid of women who love themselves, just as much as they love you.

It's Not the Hinges; Change the Door

Silence is so accurate. We never go on holiday – it's as if our holidays are on holiday. A single mother salary is not supposed to have wings on both sides, you're given oars to stay afloat.

Our flat had a life before us.

Mum hymns God hoping His answer to be a wrecking ball to the face.

Lonely only child: I play in that L corner.

I break the things that can't fight back.

I know the sky is Heaven's door in Heaven all the lights stay on we call the light pouring out the peephole 'the sun'. Mum sings high notes to God. Sit me on one of them I want to chat man-to-man.

We Knew Before

After Roger Robinson

Amber was the girl I fancied and my favourite time of sky.

When Ricky said he heard me shout STOP when he was alone I knew my voice had teeth.

The first spin of the bottle: there's a shot left inside, it flails like a supermarket tantrum [probably thinking how has a beach become my prison?] and my stomach does the same, churning the butterflies to butter.

The boys from rival schools are into jumping as if they learned life from rooftops. The four of us though, never — our fathers either chose to be ghosts or were made into them. The four of us though, never — our mothers buy shoes we'll grow into. If we're destined to be giants we need to know the feel of bigger feet.

Earl wants us to stop being so friendly with his girl.

The girls can only break us up for a short time.



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Tottenham

Your tears fell on hard ground garments scattered, you shivered.

Your skin inflamed your skin in flames, while eyes grew grey.

You inhaled their anger and choked on smoke.

The world watched you while your tears, fell silently on hard ground.





He Loves Me, He's Just Hurting

I stay like this under the weight of a raging man. I stay put Because he kisses the wounds he has dug. I tell people, 'If you saw his mouth, you'd know'. I bury the dog when he kicks it to death. I clean the sick After he has passed out, blaming my own body.

Our curtains stay closed. He opens his mouth and the Flowers hide in dirt.

Vollsmose

You were so much rage and I begged, 'Let me make you soft, make you something I can live in', each time coming back When I promised I'd never show you My face again.

I watched my tongue around you. I wanted you to admire the way I came in Uninvited and slid my luggage Beneath your bed.

You found me charming, a girl from a country Choking on its own smoke. I thought That you would finally love me If I stayed quiet long enough, That you'd call me yours.

You were everything my mother despised. I called you 'home,' ignoring the way My bones cried out against your cold, Your hard mouth crushing all the brown That came your way.

Habiba jumped from the 13th floor, In your name, running from bloodshed. When the men took her body away The neighbourhood women gathered To wash away what was left.

We thanked you. Who else teaches survival The way you do?

She didn't recognize her children anymore. They picked up her favorite kitchen knife Leaving markings on flesh Until she could not stomach It anymore.

All the police did was stand by her door Waiting to catch the boys Before they could run.

She stayed rotting in the kitchen Missing the knife that would slice the meat Into neat pieces.

You hurl boys who wear the same skin At each other like slingshots. You ignore the mothers Who have made a ritual out of mourning And the way their faces stay wet.

When you became no melody We all forgot how to dance.

When you stopped looking I threw away the dress My father bought to cover the hole His absence dug.

You gifted me with anger The house couldn't contain, Elbows in every gentle space, A cupboard missing its cups and saucers And a wall bleeding.

Then you spat out a sky with so many stars, Night after night, that I didn't mind My body coming back to you.

I came closer Begging for love. My mother watched on As your crushed me In your jaw.

To Blink (Verb)

to face with feigned ignorance, to refuse to recognise

You blink to say cheers, thanks for letting me go, blink to say slow down, blink to say look out. And when the sky turns dark as lungs, you blink to show me out.

In my country, the lorries have *Please honk* stuck on, so you blink, I horn.

to look through half-closed eyes as in a bright glare

they tell me Delhi blinks every power cut

when the cricket nulls to a wishful scoreboard tube lights squirt out

voices un-amplify and tune out

it's then I notice, we're right in the middle of it

to twinkle, to glance to flash on and off

Just one wish away, one back-hand palm to hold the stray lash of a blink, to say: this is what I want from you.

to waver and back down to spread tears across

One blow and it's gone.



Daydreams littered like deadbeats on the red line, uptown. An autistic boy's missing and everyone's relocated to the first carriage because a man twists his hands funny and his teeth threaten collapse. The city's on the stretchers, hiding skeletons and ghosts under coats. So we spill into backwaters, where motels blast TVs louder than vacuum cleaners. Behind us is a false daze. It's not really dawning, but outside we see the dawn.

The A4 – Karva Chaut

A cloud bars the traffic like a false moon. We have to get home. My mother's fasting and everyone's trying to locate the next service station because she's clawing at my button holes and the A4's spewing with headlights. A tree loses its standing; my mother slips beneath smeared window glass. So we turn into a B road leaving chinese whisper sirens for fading sunlight. Behind us, the storm breaks. It's not yet nighttime, but darkness shrouds the day.

Ankita Saxen

Innocence

I hear she was mowed down by back alley clowns Sharing the joke of the twenty first century. I hear that she was dragged into love with a cigarette, And ignored all the warnings Of blackened lungs Emblazoned in bright colours that covered his packaging.

I hear the word on the street is that she spent too much time online, And the newspapers have got it all wrong. The kids idling on bikes behind the place where the funfair used to be told me she sold her soul for the minimum wage A violent kids' game, An R rated high definition DVD.

I heard from the neighbours that don't get along And only talk when there's gossip Or one or the other has parked wrong, She died because she took too much advice From a medley of underground rap songs.

I hear she was laid out on the floor in a flimsy white dress By two and a half world wars, while minor conflicts danced around her. I hear when she fell she sounded like a tower collapsing, maybe even two. And the room imploded with the force of an atom bomb. And that Devil Have Mercy was her funeral song.

I hear video games had a hand in her murder But the only one I ever played was Tetris. Or maybe texting killed innocence, Maybe we were unripe for blackberries When LOL became Never Fucking Call Me And it was necessary for us to create the term 'cyberbully'. Did somewhere amongst those magnificent cables Writhing like snakes in the garden of Eden We as a species lose our freedom?

Or did it start before that, was innocence crushed The first time that man sparked a fire And then used it to light his brother ablaze And marvelled at the warmth that it gave him? They say the indoors stole our innocence Locked it away behind bi-fold doors and Venetian blinds Until we all became nervous to venture outside.

My innocence was like a cereal box. I still thought it was half full, and there was enough for one more bowl Until one day I woke up and there wasn't. I know a boy whose innocence was like a smile punched out by a fist. Turning him sour and purple where cheek and knuckles kissed. I know a girl whose purity was a mayday parade A dimple that lingered long into adulthood. But still through her fingers it slipped in ribbons of sinlessness And its parting was all the more painful.

Why Don't We All Dance this Way?

I saw a man dancing the other day His dance was a walk, But it sang as it passed. His footsteps were balanced On a tightrope of serenity, Heel and toe either side Of the cracks in the concrete.

Slipping into each step,

As though commencing his matinee. It was more graceful than any waltz, Or ballet I have ever seen. And he looked at me as if to say Why don't we all dance this way? As the limbs of life gather us in Why don't we feel happy to see them?

He stared through a window of pity at us Mere mortals. Still walking in a lolloping fashion. Net to discover freedom's tune.

And I looked back, Through a doorway of sadness Unable to step over the threshold, Constrained by the branches Of what I have built In my own efforts to make myself 'Happier'. sabel Stone



Illinois

After Sufjan Stevens

Your name follows you around like my home town or the cack-handed love of a bipolar mother. Illinois, you owe me a dream. Legs broken, spitting from my bedroom window. You spun when Jade visited after the suicide locks had been retrofitted (and I pretended to be asleep because that's what lovers do). You belong to her now. In a clown costume. In a business suit. Clunking along in headphones at eight fifteen in the morning on the northern line. I vomited into my hands when she had gone. I breathed greedily at the gap allowed at my window. My hands were burning & you felt like a feather pillow pressed against my face.

Specular

When you say 'you' you mean me, I said quietly to a mirror. You replied

can count myself on one hand'

if I can just let go of you If I can just let go of you

l can count myself. you replied 'On one hand' 'I

Ί

said quietly to a mirror when you say you you mean me.'

Light/Gold

You're kerosene, phosphorous, friction. Yellow teeth, sunken cheek, wrinkles before their time. You live in domestic bliss with wives' ruin and are quite harmless after the first few shots. Or so my mother tells me.

Unprovoked, jealous. A cigarette to calm down, Dad's spitting image.

White Cliff Country

In town

Your time is tied between childcare and intoxication. It becomes more kids, more coke, more broken bottles on kebab shop steps. Before you vow to vote blue to keep out the real threat to community, in front of the Prince Albert, Crown and Sceptre, slurring your philosophy into ignorance.

At the port

You swipe on and secure your float, check the load, the morning weather. twos a fag with that one stewardess, watch her smoke wash away the cliffs and castle lights no longer of attraction, your hand a tourist in hers. At least while we're on the channel.

At sea

'Are you on all day? Yeah me too.' 'I can't wait to get back to Dover.'



Living in the Ozone Layer with Major Tom After He Lost Ground Control

It is possible to be an atmosphere away from someone who uses the same hallway mirror as you. In a house of five, only me and my sister live with a man who temps as an astronaut. He knows my sister too well. She wears black every day and I'm glad she attends so many funerals but there is only so much you can learn about resin beds, umbrellas and pipe-bomb sing-alongs, those take-her-life anthems she writes in her diary and stashes under her bed, with rebel thongs and cigarette tins that are only opened when she drags on new experiences of nothing. She'll know how to sky-haunt on a curl of ozone, witness the world with a distance, numb to cracks in her ceiling where the astronaut fell through. Every morning, he asks permission to breathe our air and polishes his glass face in a mirror, never noticing the shampoo cornflakes in his hair, like he dropped breakfast inside himself coming into orbit and forgot to wash. His reach-hands pylon the sky. It's an emergency, he says, each light-bullet hole a power outage to fix, so there is no longer too much to cope with. He begs me after sunsets to turn the light pollution out, so he can count and scratch into me all the stars he has left to save. He has eaten toothpaste all his life and his smile reminds me of the mirror I ate to gain reflections but now, I try to hairdress fruit because it is the only way I can eat sun. Every night, I wake on the moon to watch the clouds striptease the Earth, peel back the rivers, so I can drink in the view. I spend day hours killing graphic soldiers hoping to learn what it is to live, slitting walls with the days I have missed, wearing the company of others as a palm push. I trip on violins everywhere because the air is so highly strung, my feet of horse hair can't sweep violent dust up in this place, my moon, an atmosphere that I can compress with shrink talk, pills, the kites I have anchored to my attic, my smile I have embedded in asphalt and as my faults float, tattooed in sign language on a Zeppelin with a funny accent, my descent will be weekly around control lessons with a woman who designs human beings. I need to practise waking up on the earth. My sister knows the same secret, but never lets her voice breach the ozone. I learned how they faked the moon landing the day the astronaut crashed through my roof. He knows me too well.



The Novelty of Flying has a Strange Odour

'What about that smell?' she asked. I told her it was music for landing planes, a trombone hum stinking the atmosphere so it coughed lightning and turbulence, so all the belt signs flick on and mothers cram their children into airbags, bracing for plummet. A Ryanair stewardess would announce we made good time and my watch would shout as planned when the ejector seats and loose shoes tumble into the ocean they'd call a mattress, an averted disaster. I would laugh for television,

say, 'All of this was done to impress my Father,' who might play swift elevator swing as I climb the light staircase with her, she who smells sounds. She asked if I'm a nervous flyer and handed me a palm of wine gums. Her son told her not to trust people who watch aeroplane wings, his fists of Transformers crashing into her lap. When I was picked up at the airport I called everyone Dad, apart from the one holding my name on a card. I saw those who could have lost something, the policeman entering their lives, explaining death to the dogs, their last relatives in the world. Duty free sold me sticks for calm. I ignored cancer on the box, told my plane-watching Dad that I just want to cover the smell, when you crash-land back to a runway, humming with that rubber laced heat you hear like orchestra pits are a bed of roses.

How to Witness the World with a Distance

Barbican Young Poets 2013–14

With thanks to

The Barbican is very grateful to the J Paul Getty Jr Charitable Trust for making this project possible.

Natasha Anderson Malika Booker Lillie Bradfield Sean Gregory Thomas Hardy Sarah Jones Emma Ridgway Gini Simpson Toni Stuart Gemma Troughton

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Barbican Centre Silk Street London EC2Y 8DS

Barbican.org.uk

Editors

Kayo Chingonyi Lauren Monaghan-Pisano Jacob Sam-La Rose

Book designed by William Allen Photographs by Susanna Sanroman, Barbican 2014

Produced by Barbican Guildhall Creative Learning

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Barbican Guildhall Creative Learning

Barbican Guildhall Creative

Learning provides opportunities for people of all ages to engage with the performing and visual arts. Last year our programme involved 40,000 people of all ages, backgrounds and abilities. Our activities are designed to have a positive, lasting impact on everyone – a world class arts and learning experience. These range from the inspirational, such as the Big Barbican Adventure and the Big Barbican Workshop, to more sustained projects such as Barbican Box and DrumWorks, which enable young people to develop their potential as human beings, as well as creators and performers.

We work with schools and communities across East London to inspire, influence and create opportunity in some of the UK's most deprived boroughs. In partnership with the Guildhall School of Music & Drama we are developing dynamic approaches to research and evaluation in order to establish new learning theories and practice.

Creative Learning also offers professional development opportunities for artists and teachers that enable them to acquire new skills as leaders and collaborators across a range of socially engaged settings.

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Aged 16-25? Love Film, Music, Art, Dance and Theatre?

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Members get monthly email updates about what is happening around the centre and details of the offers available coming up in the next month. We also announce adhoc tickets and offers through our Facebook and Twitter pages.

Sign up today and enjoy more at the Barbican.

barbican.org.uk/freeb

Interested in becoming a Barbican Young Poet?

Barbican Young Poets offers you and other emerging young writers the chance to create, craft and perform poetry and spoken word.

Led by internationally renowned poet and performer Jacob Sam-La Rose, this is more than just another poetry workshop - it's a community of emerging poets, designed to push your creative abilities to new heights, build up confidence and encourage you to give and receive real feedback.

Exploring diverse aspects of writing and performance, you will draw on your passions, personal experience and the sights and sounds of the venue's rich artistic programme to develop and showcase your work in the Centre, and at venues across London.

The Barbican Young Poets' programme is for young people aged between 15 and 24. It runs every fortnight between October and March each year, and is free to take part in.

Applications for the 2014-15 programme open in July.

Email creative.learning@barbican.org.uk to find out more.



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